

Roanoke Valley Area of Narcotics Anonymous
Area Service Committee Meeting Minutes
Date: October 9th, 2022
Meeting held in person at Rebos

The ASC meeting opened at pm with a moment of silence followed by the Serenity Prayer, The 12 Traditions & 12 Concepts were read.

Voting GSRs Present: 8

Acceptance of Last Month's Minutes: Motion passed 8/0/0

Administrative and Subcommittee Roll Call

Position	Name	Attendance	Report
Chair	Philip W	Present	No Report
Vice Chair	Marvin W	Present	No Report
Treasurer	Jacob M	Present	No Report
Vice Treasurer	Bailey H	Present	Attached
Secretary	Patrick T	Present	No Report
Vice Secretary	Kara C	Present	No Report
RCM	Greg H	Present	Attached
Alt. RCM	Kaitlyn H	Present	No Report
Policy	Patrick B.	Absent	Attached
VRCC Director	Fernando	Present	No Report
Alt. VRCC Director	Theo D	Present	No Report
Literature	Sarah M	Present	No Report
Activities	Cristy W	Present	Attached
H&I Chair	Skeet C.	Present	Attached
PR Chair	Amanda E	Present	No Report

Home Groups Roll Call

<u>Homegroup</u>	<u>Attendance</u>
1,2,3... 24/7	Stacey J
A.I.R.	Rosalinda
Against all Odds	Brad W
Another Step to Freedom	A
Breath of Life	A
Clean and Serene	A
Do or Die	Russell B
<u>Grateful Heads</u>	Fernando H
<u>Hope in Her Story</u>	Savannah F
<u>Just for Today</u>	A
<u>Spiritual Principle a Day</u>	A
<u>Sicker than Most</u>	A
Start from the Beginning	Billie M
<u>Time for Change</u>	A
<u>Wecovery</u>	A
<u>Weekends in Recovery</u>	A
<u>Step into Recovery</u>	Robbie Z

Administration and Subcommittee Reports

Chair – No report.

Vice Chair- No report.

Treasurer – See hyperlink on website.

Secretary – No report.

Vice Secretary- No report.

RCM –

Hello family,

The agenda for next week’s 2-day regional has been finalized and it is as follows:

Saturday

10 AM: Welcome and review itinerary

10:15-11:15 AM: collaboration of zones

11:15 AM-12:15 PM: H&I and Public Relations

1-2 PM: Regional Committee (RCM) what do I do?

2-3 PM: Group Service Representative (GSR) what do I do?

3:15-3:30 PM: NA World Services update

3:30-3:45: PM Eastern US zones update

3:45-4PM: Wrap Up

Sunday: Regional Service Committee 10AM

These are both open to all members.

Zoom meeting information:

<https://us02web.zoom.us/j/828898368>

Meeting ID: 828 898 368

One tap mobile

+13126266799,,828898368# US (Chicago)

+16465588656,,828898368# US (New York)

I had a member of this Area reach out to me about the meeting list that is on the regional website (car-na.org) stating that it was not up to date. I reached out to the regional PR chair and he provided credentials for our area PR chair to update the meetings.

With love of the fellowship,
Greg H. RCM

Alt RCM- No report.

VRCC-

Sat in the board of directors meeting of vrcc. Had a long meeting not getting much done Going to meet in person in Nov. Lynchburg is trying to put in a bid for 2024. I hope to have more information on the next meeting.

-Fernando H

Alt. VRCC- No report.

Policy-

We have provided copies of the ASC policy for the area homegroups in anticipation of a workshop we will host. We hopes that each homegroup can task a few members with reading and critiquing the policy for participation in a future workshop. More will be revealed..

In loving service,

Patrick B.

H&I- We met on 10/2/22 at Roanoke Ave. Baptist Church. We had 7 people attend. Everything is running smoothly. We do have one concern, as we need a lead to run the meeting at Pinnacle Treatment. We are still looking for men to be vetted at the jail. We have placed a small literature order.

In Loving Service,

Skeet C.

Public Relations –

Hey Family,

I believe I have gotten the hang of the website and am working on keeping it up to date as soon as possible after receiving updates. Please make sure you are emailing them to roanokevalleyareaofna@gmail.com. To ensure I see it, you can also call me at 540.676.4992. I'm waiting on the printer to have the colored meeting lists ready. Please call me this week to get those and I have handed out white copies to homegroups at ASC to have.

In Loving Service,

Amanda E.

Activities – Activities met three times since last Area. We planned an event for Oct. 29th at Belmont Christian Church from 6-11 pm. "Boo Bash". Activities will provide chili, lemonade, water, and coffee. Set up from 5-6 pm. Speaker will begin at 6 pm and 7-9 pm pumpkin carving will take place. From 9-11 pm there will be a dance. At 10 pm there will be costume judging and then clean up will begin at 11 pm.

Activities is asking that others bring chili condiments and deserts. A suggested \$5 donation at the door, no addict will be turned away for lack of funds. Activities will meet again on 10/16/22 at 11:00 am at the Whitmore Starbucks. Activities is asking Area to replenish account back to \$500 prudent reserve. Receipts for flyers have been turned in.

In Loving Service,

Cristy W.

Home Group Reports

1,2,3 24/7 – Continues to start and end on time. We continue to deliver a message of recovery. We have an average of 7 people attending each meeting. We were very grateful for the treatment center that attended two weeks ago and are encouraging more treatment centers and members of NA to come and support. We have no donation this month. Denise Y. will be celebrating 31 years on 11/5/22 at 8:00 pm.

In Love and Service,
Stacey J.

Against All Odds –

AAO continues to meet everyday of the week carrying a strong message of recovery, starting and ending on time with regular attendance of 20-70 people, we voted to move the noon meeting Monday and Tuesday at Wasena park back to Roanoke Avenue Baptist starting October 3rd, celebrating this month we have Cassi 1 year October 2nd and Jerry 24 years October 9th. AAO is donating \$26.40 to area this month.

Love and service
Brad W

A.I.R.-

A.I.R. has been starting and ending on time. We average between 10-20 people each meeting. Marcus M. will be celebrating 7 years on November 6 and Tiara W. will be celebrating 1 year on October 23. Donation to area is \$10.00.

With Loving Service,
Rosalinda P.

Another Step To Freedom- No report.

Breath Of Life- No report.

Clean and Serene –

Hey family,

Clean and Serene continues to carry a strong message of recovery. We continue to begin and end on time. Attendance is steady at 20-30 or more addicts. We also continue to welcome newcomers regularly. On Saturday, November 5th, Jody will celebrate 19 years! Please join us. We have a donation of \$100.60.

In Loving Service,

Ashley O.

Do Or Die-

Do or Die is meeting regularly, opening and closing on time. We currently have 3 active home group members, with Russell B. serving as GSR. Meeting attendance is on average 20, occasionally as high as 40. Today's donation to area was \$10.10.

Russell B.

Grateful Heads –

Opening on time Carrying a great message of NA. Had a great 3 year miracle Bailey. And having two home group members picking up 12 year Shannon B 14 years Fernando H and donated 50 \$ to area.

Hope in HER story-

The group continues to begin & end on time. We are continuing to welcome new women & see familiar faces both which continue to spread hope. We averaged about 20 women a meeting this past month and are continuing to carry a strong message of recovery to women seeking it. We are able to make a donation of \$6.74 to area this month.

In loving service,

Savannah F

Just for Today – No report.

Step into Recovery-

Step into recovery is doing well, closing and opening on time. We are having 10 to 15 addicts per meeting following the 12 traditions of NA. Donation to area is \$10.21.

In loving service,

Robert Z

Start From the Beginning –

Start from the Beginning Group has continued to carry a clear narcotics anonymous message.

Average meeting attendance is between 80-100 people per week.

Start from the Beginning Group is consistent in following the 12 Traditions of NA.

Courtney D was voted into the position of ALT-GSR.

Patrick T is celebrating 3 years on October 27th.

We are not donating to Area Services this month, as I forgot to bring the money, I will bring the Donations next month.

In loving service,
Billie Mac

Spiritual Principle a Day- No report.

Time For Change- No report.

WeCovery-

Starting and ending on time. The group is starting back up at Mt. Regis. Preston T celebrated 13 years. No donation to the area at this time.

ILS,
Brent A.

Weekends in Recovery- No report.

Reading from “Guide to Local Service” on Group Service Representative.

Open Forum

- Homegroups needing “Guide to Local Service” are to go back and check inventory on this specific literature, and report findings back to Area next month.
- Chair presented option to Literature chair to order 5 more copies at \$8.00 a piece.
- Vice Chair suggested that all in attendance read the Guide to Local Services
- GSR’s were suggested to bring the Guide to Local Services to ASC moving forward
- Chili condiments, sour cream, desserts are requested for donation for the Halloween Bash.
- The Area’s P.O. box is reportedly full and needs to be emptied. We have located the key and the P.O. box number to address the issue.
- Open forum closed at 3:40pm.

Old Business

- There is no unfinished old business at this time.

New Business

- Treasurer’s report was given by Jacob M.
- Prudent reserve was discussed in terms of possibly revisiting and restructuring in the future.
- Vice treasurer explained recent literature expenses along with monthly/yearly expenses in regard to revisiting our prudent reserve.
- Motion to close 7/0/0 at 3:48pm

Minutes submitted by Secretary Patrick T. and Vice Secretary Kara C.