

Roanoke Valley Area of Narcotics Anonymous
Area Service Committee Meeting Minutes
Date: November 13th, 2022
Meeting held in person at Rebos

The ASC meeting opened at 2:30pm with a moment of silence followed by the Serenity Prayer,
The 12 Traditions & 12 Concepts were read.

Voting GSRs Present: 8

Acceptance of Last Month's Minutes: Motion passed 8/0/0

Administrative and Subcommittee Roll Call

Position	Name	Attendance	Report
Chair	Philip W	Present	No Report
Vice Chair	Marvin W	Present	No Report
Treasurer	Jacob M	Present	No Report
Vice Treasurer	Bailey H	Absent	Attached
Secretary	Patrick T	Present	No Report
Vice Secretary	Kara C	Present	No Report
RCM	Greg H	Present	Attached
Alt. RCM	Kaitlyn H	Absent	No Report
Policy	Patrick B.	Present	Attached
VRCC Director	Fernando	Absent	No Report
Alt. VRCC Director	Theo D	Present	No Report
Literature	Sarah M	Present	No Report
Activities	Cristy W	Present	Attached
H&I Chair	Skeet C.	Present	Attached
PR Chair	Amanda E	Present	No Report

Home Groups Roll Call

<u>Homegroup</u>	<u>Attendance</u>
1,2,3... 24/7	Stacey J
A.I.R.	Rosalinda
Against all Odds	Brian B
Another Step to Freedom	A
Breath of Life	A
Clean and Serene	A
Do or Die	Russell B
<u>Grateful Heads</u>	A
<u>Hope in Her Story</u>	A
<u>Just for Today</u>	A
<u>Spiritual Principle a Day</u>	A
<u>Sicker than Most</u>	Brianna B

Start from the Beginning	Billie M
<u>Time for Change</u>	A
<u>Wecovery</u>	A
<u>Weekends in Recovery</u>	Andrew B
<u>Step into Recovery</u>	Robbie Z
Just For Today	A

Administration and Subcommittee Reports

Chair – No report.

Vice Chair- No report.

Treasurer – See hyperlink on website.

Secretary –

Hey family,

Please send all homegroup reports to my email, which is Robert.toohey@pinnacletreatment.com.

If you want to be added to Roanoke NA email list please reach out to me and I will add you to it.

ILS,

Patrick T.

Vice Secretary- No report.

RCM –

Hello Family,

I attended the last regional meeting on 10/16/22 via zoom.

The World Service Conference (WSC) will resume meeting in person this upcoming year. For years the World Service Office (WSO) has funded Regional Delegates to attend the conference. Because of the financial impact of Covid, the WSO is asking for regions that have the ability to pay for the delegates, to please pay their way to help offset costs of the WSC. It was discussed that if regions were to do this, it would minimize their donations to the WSO and would it help offset the cost?

The following positions are open at the RSC:

Vice Treasurer, Speaker Jam Chair, Vice Chair, Policy Chair and H&I Chair.

The Delegate Alternate 2 (RDA-2) will be unable to attend the WSC in person due to a conflict, RDA but he will be able to attend via Zoom, and he will be able to fulfill all other duties as RDA-2, straw poll was

taken to see if he should be removed from the position, and it was unanimously passed that he should NOT be removed from his position.

Articles of incorporation for the RSC was brought forth in new business and it was determined that an Ad-Hoc committee would be held to review this proposal. Proposed articles of incorporation will be added to the end of this report.

Next Subcommittee Meeting will be held on November 19th 2022 at 10am, also at 10am for Ad-Hoc meeting for articles of incorporation Etta is Chair on Zoom Meeting ID: 304 156 278

Next RSC will be held on December 17th 2022 at 10am on Zoom Meeting ID: 304 156 278

In Loving Service,
Greg H

Alt RCM- No report.

VRCC- No report.

Alt. VRCC- AVCNA 40 is experiencing some issues with finding a hotel as of the last report given by the VRCC chair, which was in September. Registration for the convention are to be online only, and no longer available at the door. On the AVCNA website (www.avcna.org) there is a flyer with a QR code that will bring you to the URL for registration.

Policy- No report.

H&I-

The h&i sub committee meet last Saturday on nov. 5 2022 and we had 7 people in attendance. All the leads report that we are carrying a successful message of narcotics anonymous. We also voted on Courtney d. For the pinnacle lead. We voted Rachel h as the secretary. We also started going back inside the Blueridge Csu on Monday nights and left Thursday on zoom. We also are in need of more support we need to leads one for rmh and they have expressed wanting a woman. And also we are looking for a women for Bethany hall. In new business we discussed a group of us going to Lynchburg for there h&i learning day and are going to set a date next sub committee meeting on January 7th for our own h&i work shop.

In loving service,

Skeet c.

Public Relations –

Hi Family,

I have brought the invoice for the purchase of meeting lists from Curry Copy today to turn in to the treasurer. We purchased 675 meeting lists for \$100 even. I received an email last month from the VA asking for H&I to return to their facility. I forwarded that email to Skeet C, H&I Chair. I also recieved a question regarding Nar-Anon meetings locally. I have not responded because I was assuming that that is a totally different fellowship, but wanted to wait until today to ask for suggestions from this body during open forum.

Please grab meeting lists for your homegroup!

In loving service,
Amanda E.

Activities – Activities had a dance on October 29 and had an amazing turn out. A strong NA messaged was carried. We had 5 treatment centers there. I submitted receipts as well as bank deposit slip. We deposited 282.00 into the activities account. We also donated \$50 for rent to the church for utilizing their facility.

We secured a location for the marathon Thanksgiving meeting. We will meet at Roanoke Baptist Church. We will have marathon meeting from 10 to 12. Then AAO will have their homegroup meeting from 12 to 1. We will meet from 1 to 5. Please bring covered dish to share.

Activities subcommittee will meet Nov 20 at 11 at Bridges Starbucks off of Jefferson

In loving services,

Cristy W



Home Group Reports

1,2,3 24/7 – Continues to start and end on time. We continue to deliver a message of recovery. We have an average of 7 people attending each meeting. We were very grateful for the treatment center that attended two weeks ago and are encouraging more treatment centers and members of NA to come and support. We have no donation this month. Denise Y. will be celebrating 31 years on 11/5/22 at 8:00 pm.

In Love and Service,
Stacey J.

Against All Odds – No report.

A.I.R.-

Good morning,
A.I.R has been starting and ending on time.
We average between 20-50 addicts each meeting.
Theo D. will be celebrating 18 months on November 20 @ 1PM.
A.I.R is donating \$10 to Area.
In loving service Rosalinda P.

Thank you,
Rosalinda Phillips

Another Step To Freedom- No report.

Breath Of Life- No report.

Clean and Serene –

Hey family,
Clean and Serene continues to carry a strong message of recovery. We continue to begin and end on time. Attendance is steady at 20-30 or more addicts. We also continue to welcome newcomers regularly. On Saturday, November 5th, Jody will celebrate 19 years! Please join us. We have a donation of \$100.60.
In Loving Service,
Ashley O.

Do Or Die-

Do or Die is opening and closing on time, caring a message of Recovery. Average meeting attendance is around 30, the vast majority from treatment centers. We currently have two home group members. Kaitlyn C. will be celebrating 7 yrs on Friday Nov 18th. Donation to Area \$14.90. -Russell B.

Grateful Heads – No report.

Hope in HER story-

The group continues to begin & end on time. We are continuing to welcome new women & see familiar faces both which continue to spread hope. We averaged about 13 women a meeting this past month and are continuing to carry a strong message of recovery to women seeking it. We are able to make a donation of \$21.20 to area this month.

In loving service,
Savannah F

Just for Today – No report.

Step into Recovery- Step into recovery is doing well, closing and opening on time. We are having 10 to 15 addicts per meeting following the 12 traditions of NA. Donation to area is \$10. In loving service Robert Z

Start From the Beginning –

Start from the Beginning Group has continued to carry a clear narcotics anonymous message.

Average meeting attendance is between 80-100 people per week.

Start from the Beginning Group is consistent in following the 12 Traditions of NA.

Courtney D was voted into the position of ALT-GSR.

Patrick T is celebrating 3 years on October 27th.

We are not donating to Area Services this month, as I forgot to bring the money, I will bring the Donations next month.

In loving service,
Billie Mac

Spiritual Principle a Day- No report.

Time For Change- No report.

WeCovery- No report

Weekends in Recovery- No report.

Reading from “Guide to Local Service” on Budgeting.

Open Forum

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- Open forum closed at 3:40pm.

Old Business

- Prudent reserve was discussed in terms of possibly revisiting and restructuring in the future.
- Vice treasurer explained recent literature expenses along with monthly/yearly expenses in regard to revisiting our prudent reserve.

New Business

- Treasurer’s report was given by Jacob M.
- Motion to close 7/0/0 at 3:48pm

Minutes submitted by Secretary Patrick T. and Vice Secretary Kara C.