#### Roanoke Valley Area of Narcotics Anonymous Area Service Committee Meeting Minutes Date: November 13, 2023 Meeting held in person at Rebos

The ASC meeting opened at 2:30pm with a moment of silence followed by the Serenity Prayer, The 12 Traditions & 12 Concepts were read.

#### Voting GSRs Present: 9 Acceptance of Last Month's Minutes: Motion passed 6/0/3

Administrative and Subcommittee Roll Call				
Position	Name	Attendance	Report	
Chair	Marvin W	Present	Attatched	
Vice Chair	Open	Open	No Report	
Treasurer	Stacey J	Present	Attached	
Vice Treasurer	Savannah F	Absent	Attached	
Secretary	Kara C	Present	No Report	
Vice Secretary		Open	No Report	
RCM	Greg H	Present	Attached	
Alt. RCM	Skeet C	Present	No Report	
Policy	Patrick T	Present	No Report	
VRCC Director	Danny C	Present	No report	
Alt. VRCC Director	Absent	Absent	No Report	
Literature	Jacob M	Present	No Report	
Activities	Sabrina E	Absent	No Report	
H&I Chair	Kevin R.	Present	Attached	
PR Chair	Amanda E	Present	No report	

### Administrative and Subcommittee Roll Call

#### Home Groups Roll Call

Homegroup	
1,2,3 24/7	Darryl M
A.I.R.	Marcus M
Against all Odds	Taylor H
Another Step to Freedom	А
Breath of Life	А
Clean and Serene	Debra M
Do or Die	А
Grateful Heads	А
Hope in Her Story	Danielle M
Just for Today	A
Spiritual Principle a Day	Katie E.
Sicker than Most	Delores H.
Start from the Beginning	Logan L
Time for Change	A
Wecovery	А
Weekends in Recovery	А
Step into Recovery	Courtney D.

Just For Today	А

# Administration and Subcommittee Reports

**Chair** – Emails were sent out in regards to Rebos. Went to the bank to change the previous names on the bank account for ASC. We received a \$300 donation from region from for literature that was lost in the fire at Rebos. New River Valley ASC also donated Basic Texts and I.P.'s. We are in search for a new place to hold our monthly ASC meetings. I sent out emails thanking the NRV and Region for their support and donations. New location for ASC will be 1488 Peters Creek Rd. for now.

Vice Chair- No report.

**Treasurer** – See hyperlink on website.

Secretary – Please send all reports to kmorganco@gmail.com.

Vice Secretary- No report

RCM – Hello Family,

On October 21 st, I met with Marvin, Sabrina, and Jacob at Truist Bank to get our names as signatories on

our area bank account(s).

I attended the RSC meeting that was held VIA zoom on October 22 nd . There were 10 areas represented.

The following positions are vacant: Vice-Treasurer, RDA2 (Cindy K. was nominated), H&I chair, PR chair,

and Speaker Jam Chair

Mark M. was elected as Policy Chair.

Motion 222-1 was approved unanimously (changing the delegate team duration of positions to coincide

with the conference cycle).

During new business, there was a motion presented to approve the 2024 regional budget which is in the

amount of \$35,060 (See below).

Also, during new business, I presented a motion to have region send \$300 to our area to assist with

literature replenishment considering the recent fire. It passed unanimously. The check was mailed to

me, and I made a mobile deposit into the Area checking account, I have the hard copy available today to

present to the treasurer.

Alt RCM- No report.

**VRCC-** Forwarded from Committee meeting by VRCC, Danny C. Bidding Guidlines AVCNA CONVENTIONS

1. The corporation (VRCC INC) must receive bids no later than May 15th or 20 months prior to the convention they wish to host. At that time, the board will review the bids for cost effectiveness and criteria.

2. The area(s) submitting the bid shall have a letter of support from their ASC and at least one other from a surrounding area.

3. Bids submitted on time and not chosen will be held over for consideration for the next convention unless withdrawn.

4. The bidding area is not to have hosted the AVCNA in the last 3 years prior to the next convention they are bidding on.

5. An area must have a letter of need to be sent off for the group conscience as to why the convention should be hosted in their area. A group conscience in favor of support shall be included in this bid. No prices are allowed in this letter of need.

6. A hotel fact sheet is to be filled out and submitted with the bid. This sentence is subject to removal after contracts with potential hotels are secured.

Suggestions:

1. Each bid should be submitted from an area(s) where there has been an active ASC for two years.

2. The area(s) submitting the bid should have a letter of support from their ASC and at least on surrounding area(s).

FOR YOUR INFORMATION:

1. Only the Corporation (VRCC Inc.) is authorized to execute contracts with hotels (however a tentative contract from proposed hotels including price and number of rooms, cost of meal packages, coffee prices (if any), and any other pertinent financial data, must be submitted by each bid committee).

2. Our corporate by-laws state in Article 3, first sentence; the object of this Corporation shall be to provide administrative services for the celebrations of recovery from addiction, for the Central Atlantic Region of Narcotics Anonymous. The local hosting committee will be directly

responsible to the Corporation, (VRCC Inc.) who in return will file a report with the Central Atlantic Region's RSC.

3. Within 60 days the Corporation (VRCC Inc.) will conduct elections, within the hosting area(s), of officers for the convention committee. Any member who wishes to be considered for the convention committee position must be elected by the host area(s) fellowship. Chairperson five (5) years, Vice-Chair five (5) years, Secretary two (2) years, Treasurer five (5) years.

Alt. VRCC- No report.

**Policy-** No report.

**H&I-** The H&I subcommittee met November 8, 5:30 pm at West Hampton Christian Church. Unfortunately not all panel Leads were able to attend but I have received reports. All commitments have been filled. I have contacted the facilitators at the Roanoke city jail and made introduction. They have forwarded me the vetting application to begin the process of finding members who may be eligible to carry the message. We still need male volunteers There is no literature order this month. Thank you all for your service and affording me the opportunity to serve as well. Kevin Rosser

Public Relations – No report. Wants to look further into QR code for meeting lists.

Activities – Report given verbally by Secretary and trusted servant. The activities chair and subcommittee are planning a Thanksgiving Day event marathon meeting. They are asking that people bring a side dish. There will be meetings all day starting at 9am and ending at 8am with a speaker at 7pm.

## **Home Group Reports**

<u>**1,2,3**</u> <u>**24**/7</u> — The homegroup is doing well carrying the message to the still suffering addict. The doors are being opened on time with attendance being 30 -40 addicts in attendance. Donation to area \$10.

In loving service Kenny C

#### Against All Odds -

AAo continues to meet everyday of the week and carrying a strong message of recovery. We average 20-70 addict per meeting, starting and ending on time. We have 1 member celebrating this upcoming month, Danny C. 4 years on December 10<sup>th</sup>. AAO is donating \$10 to area this month.

In Loving Service, Taylor N.

### <u>A.I.R.-</u>

The doors are opening and closing on time between 20 and 25 addict in attendance. A strong message of recovery is be carried. No celebration this month coming. No donation this month

Ils Marcus m

#### Another Step To Freedom- No report.

#### Breath Of Life-

Hi Family,

Breath of Life, the meeting that is in Rocky Mount has closed and will no longer be meeting. Time for Change will not meet after November 17th, until they are able to find a new meeting place. Please remember to give me several days notice for a website update. I try to get updates done quickly but it takes a couple days at times. I do not have meeting lists due to changes that just came through on Friday. I have an example of the QR cards I mentioned a few months ago Greg H brought in. I would like everyone to see what they look like. Thanks for letting me serve, Amanda E

#### Clean and Serene -

Hi family,

Clean and Serene is opening and closing on time, with a clear message of recovery being carried. We have between 10 and 50 addicts in attendance each week. On November 25, Homegroup member, Jody A will celebrate 20 years! Please join us. Clean and Serene is donating \$40 to Area at this time.

ILS, Debra M

#### Do Or Die-

Do or Die is opening and closing on time caring a message of recovery. We are in need of home group members. Average attendance in 25, with treatment attending often. Donation to Area \$70.

Russell B.

<u>Grateful Heads</u> – No report.

#### Hope in HER story-

Hi Family

We continue to start and end on time. We continue to welcome the newcomer and average 15-20 women per meeting. We are able to donate 7.05 to area this month. We continue to carry a strong clear message of recovery.

Thanks for letting me serve, Danielle M.

<u>Just for Today – No report.</u>

#### Sicker Than Most-

#### Step into Recovery-

Step into Recovery is opening and closing on time and a strong message of recovery is being carried. Our attendance continues to increase, with our current average being approximately 40 to 60 addicts each week. We have two celebrations coming up: Kaitlyn H celebrating 8 years on November 15th and Savannah H celebrating 2 years on November 22nd. We are donating \$88.60 to area. In Loving Service, Courtney D.

#### Start From the Beginning -

Start from the begging home group of Narcotics Anonymous has been meeting regularly every Thursday 6:30-7:30 carrying a strong message of recovery with strong newcomer presence 1 home group member Ed celebrating 24 years on November 30th we have an average attendance of 60-75 this month we are donating \$119 to area this month

In loving service Logan L

#### Spiritual Principle a Day-

The Spiritual Principal A Day group is continuing to carry a clear NARCOTICS ANONYMOUS message. SPAD is consistent in following the 12 traditions of NA. We are meeting at St. Elizabeth's Church on Mondays at 8pm (2339 Grandin Rd., SW). Our meeting attendance is between 20 & 40 addicts consistently. We have no celebrations this month. We are donating \$68 to area this month. In loving service, Katie S

Time For Change- No report.

WeCovery- No report.

Weekends in Recovery- No Report

## **Open Forum**

- Member suggested different means to access meting minutes and different ways to send out the minutes
- Member questioned on what was to be taken back to home groups for AD-Hoc committee meeting
- Member suggested that members put emails on piece of paper in order to receive minutes if they have not already done so
- Member suggested that secretary has access to the master email
- Member brought up merge email
- Member suggested cleaning up and updating the master list
- PR chair added that she has been mindful of the master email list and has kept it updated
- Member mentioned the email being attached to the meeting lists
- Chair mentioned secretary and PR meet to make sure minutes are disbursed properly
- Literature Chair brought up new meeting space located at Vinton Baptist church
- Member brought up 1488 Peters Creek Rd being the new meeting space for ASC
- Open forum extended for 2 minutes
- Member brought up possible new meeting for Wednesday nights

## **Old Business**

- Danny C. will move into VRCC director, vote passes
- Sabrina E. will also move into Alt. VRCC position, vote passes
- Nominations were made for Vice Secretary and Vice Chair, all nominees respectfully declined

## **New Business**

• Motion for Philip W for AD-hoc chair

RVANA should create a planning committee to prepare a bid for 2026 AVCNA Convention. Intent: to include the RVANA groups in the decision making process for hosting

- Funds Request put on the floor to store RVANA ASC literature due to church not having anywhere to store materials. Secretary has receipt. \$62.43 for lock and storage.
- Courtney D nominated for Vice Chair
- Danielle M. nominated for Vice Secretary
- AD-Hoc will be meeting after next area service

## **Treasurer's Report:**

• See hyperlink on <a href="http://www.roanokena.com/2023-minutes-and-treasurers-reports">http://www.roanokena.com/2023-minutes-and-treasurers-reports</a>

Area Minutes Submitted by Secretary: Kara Coffey