

Roanoke Valley Area of Narcotics Anonymous
Area Service Committee Meeting Minutes
Date: February 12th, 2023
Meeting held in person at Rebos

The ASC meeting opened at 2:30pm with a moment of silence followed by the Serenity Prayer, The 12 Traditions & 12 Concepts were read.

Voting GSRs Present: 10

Acceptance of Last Month's Minutes: Motion passed 8/2/0

Administrative and Subcommittee Roll Call

Position	Name	Attendance	Report
Chair	Philip W	Present	No Report
Vice Chair	Marvin W	Present	No Report
Treasurer	Jacob M	Present	No Report
Vice Treasurer	Bailey H	Present	Attached
Secretary	Patrick T	Present	Attached
Vice Secretary	Kara C	Present	No Report
RCM	Greg H	Present	Attached
Alt. RCM	Kaitlyn H	Present	No Report
Policy	Patrick B.	Absent	No Report
VRCC Director	Fernando	Present	No Report
Alt. VRCC Director	Theo D	Present	No Report
Literature	Sarah M	Present	No Report
Activities	Cristy W	Present	Attached
H&I Chair	Skeet C.	Present	Attached
PR Chair	Amanda E	Present	No Report

Home Groups Roll Call

Homegroup	Attendance
1,2,3... 24/7	Stacey J
A.I.R.	Rosalinda P
Against all Odds	Brian B
Another Step to Freedom	A
Breath of Life	A
Clean and Serene	Ashley O
Do or Die	Russell B
Grateful Heads	Fernando H
Hope in Her Story	A
Just for Today	A
Spiritual Principle a Day	Ry B
Sicker than Most	Brianna B
Start from the Beginning	Billie M
Time for Change	A
<u>Wecovery</u>	A
Weekends in Recovery	Andrew B
Step into Recovery	Robbie Z

Administration and Subcommittee Reports

Chair – No report.

Vice Chair- No report.

Treasurer – See hyperlink on website.

Secretary –

Hey family,

Please send all reports to my email Robert.toohey@pinnacle-treatment.com. I apologize for last month's minutes not being sent out and uploaded to the website on time. There was an error with miscommunication that won't be an issue moving forward.

ILS,

Patrick T

Vice Secretary- No report.

RCM –

2/12/23 RCM report to Area

Hello Family,

There has not been a regional meeting since the last area. The next one is on 2/18/23 starting at 10am: <https://us02web.zoom.us/j/304156278>

There will be three CAR/CAT (conference approval agenda/Conference approval Track workshops and they are as follows:

2/19/23 starting at 11am: <https://us02web.zoom.us/j/82545381039>

3/18/23 starting at 2pm: <https://us02web.zoom.us/j/82545381039>

4/2/23 starting at 11am: <https://us02web.zoom.us/j/82545381039>

This is where the delegate team, goes through what will be voted on at the upcoming World Service Conference and the idea is to provide as much information to the GSRs and interested others so that they can carry an informed conscience to the GSR assembly which in turn will direct our delegate team how to vote at the conference.

I have included a link to the CAR and the CAT for those that wish to look at it:

<https://www.na.org/admin/include/spaw2/uploads/pdf/conference/2023CAR.pdf>

https://www.na.org/admin/include/spaw2/uploads/pdf/conference/CAT/2023%20CAT_WEB.pdf

With Love of the Fellowship,
Greg H. RCM

Alt RCM- No report.

VRCC- No report.

Alt. VRCC- No report.

Policy- No report.

H&I-

H&i subcommittee met on 2/4/23 we had 18 people in attendance. All panel leads reported that we continue to carry a strong message. The h&i event was great and I think everyone learned something. We had about 60-70 people in attendance. At the last subcommittee meeting we had more people than the average subcommittee meeting. Spent \$165.66 on food and refreshments for the event.

I'm loving service,

skeet c.

Public Relations – Hi Family,

As you know, I was absent last month. I was sent the information by our Literature Chair that the body voted to increase prices on our literature form. As was suggested, I increased items that we were not charging enough for (meaning anything ASC was paying more for than the Homegroup), but did not adjust anything else. When I increased the prices, I matched them to what we pay as an Area, which is what was voted on. I have thrown together another order form where the prices are rounded up and will suggest a motion here in new business to honor that. We have to consider the cost of shipping and I believe that even an extra .20 on a medallion would also help us to crawl over our Prudent reserve. I will have new meeting lists next month, although I will not order as many as I did last time, due to still having some. Please remember to try to give me 5 days or so notice for things that need to go on the website as I am super busy with the beautiful life recovery and NA has given me.

In Loving Service,
Amanda E

Activities – No report.

Home Group Reports

1,2,3 24/7 – given verbally but not officially submitted to secretary.

Against All Odds – Given verbally by Brian B but not officially submitted.

A.I.R.-

A.I.R. Is continuing to open and end on time
We average between 20-40 addicts each meeting.
A.I.R. is donating 10 dollars to Area
In loving service Rosalinda P.

Another Step To Freedom- No report.

Breath Of Life- No report.

Clean and Serene –

Hey family,
Clean and serene continues to begin and
end on time. We regularly see 20 to 30
addicts in attendance. Newcomers
regularly come to hear a strong message
of recovery. Diane B will be celebrating 2
years. More will be revealed. Our donation
to Area is \$10.20 this month.
In loving service,
Ashley O.

Do Or Die- Do or Die is opening and closing on time caring a message of recovery. Average meeting attendance is 10 addicts. The home group is in need of support, trusted servants are needed. Do or Die will not open on March 10th and May 5th. Donation to Area \$16.80.

Russell B.

Grateful Heads – We still carry a great message of NA and fill the house. We're able to donate 50 to area and bought 68 in lit. Thanks in loving services Fernando.

Hope in HER story-

The group continues to begin & end on time. We are continuing to welcome new women & see familiar faces both which continue to spread hope. We averaged about 15 women a meeting this past month and are continuing to carry a strong message of recovery to women seeking it. We are able to make a donation to area this month.

In loving service,

Savannah F

Just for Today – No report.

Step into Recovery-

Step into recovery is doing good opening and closing on time. We are having 10 to 15 addicts per meeting following the 12 traditions of NA. Home group member Britney D is celebrating 6 years Feb 15.

Donation to area is \$11.17

In loving service

Robert Z

Start From the Beginning –

Start from the Beginning continues to carry a strong message of recovery. We regularly start and end on time. Start from the Beginning continues to follow the 12 Traditions. Our attendance continues to be between 60 and 80 people. We have no celebrations for the month of March. Start from the Beginning donated \$23.25 to Area service.

In Loving service,

Billie M

Spiritual Principle a Day-

The Spiritual Principal A Day group is continuing to carry a clear NARCOTICS ANONYMOUS message. SPAD is consistent in following the 12 traditions of NA. We are still meeting at St. Elizabeth's Church on Mondays at 8pm (2339 Grandin Rd., SW). No one is celebrating this month. Our meeting attendance is between 25-60 addicts consistently. We are not donating to area this month because the funds were not available at the beginning of area. Overage will be donated in next month. We will buy supplies from NA world services.

Ry B

Time For Change- No report.

WeCovery- No report.

Weekends in Recovery-

Homegroup is opening and closing on time, regular attendance is 10-15 people. No donation to area at this time.

ILS,

Andrew B

Open Forum

- Treasurer would like clarity on policy allotment for H&I funding. Policy states \$30.00 per institutional meeting per month. The reimbursement will be voted on in new business and then

back to homegroups. Motion was made for whether learning day was an H&I meeting rather than an event/activity. Homegroup polling passes 10/0/0.

- Member questioned if the H&I event was going against our primary purpose which is to carry the message to the addict still suffering.
- Member rebutted that our area budget requires us to act frugally in regard to going against policies.
- Member asked a question to clarify whether we need to have a formal motion to address the issue.
- PR posed a solution of revising policy to clarify the allotment of funds for H&I so this problem will not happen again in the future.
- H&I chair brought this to area in January and is reflected in that month's minutes
- Revisiting amending policy later and put this to a vote.
- Motion was made to extend open forum for ten more minutes. Motion was seconded.
- Member didn't know minutes were on the website. Asked about having paper copies of minutes.
- PR chair brought up that electronic versus paper copies of minutes has been voted on in the past, ruling that group conscience presented that having electronic minutes was the better option.
- RCM wants to know how the area wants him to vote at RM, since Saturday is when he is supposed to vote. Home groups did not get to vote because minutes were not submitted to website until this past week.
- Vice Chair asked a question about whether the audit can take place next weekend or not.
- Vice Chair is supposed to conduct JAC next weekend or before next ASC. Vice chair will communicate with REBOS board and find out when and what time we can come.
- Mid-year inventories of all subcommittees, this body voted to have a JAC meeting to formulate a prudent reserve number. These will be the inventories conducted by administrative body of ASC and any other NA member who would like. March 12th, 2023 is the proposed date and time would be 1:00pm before ASC that day.

Old Business

- Motions from RCM:
 - 2023 Proposed Budget: Mover: Sherry V. Almost Heaven Area Second: Dora R. Almost Heaven Area Description/Background: This is our annual budget for our services Intent: To be financially responsible to pay for our Services in 2023 Motion: To approve the 2023 budget. Pro: To go back to groups Pro: Wish this motion was finalized today Con: No money to fund the AZF Con: No Budget**please see attached proposed budget** of note, there was concern about how the delegate team would fund the upcoming Autonomy Zonal forum which will be hosted by our region, and it was stated that "It would be handled". I interpreted this as members would cover then cost and then ask for reimbursement.
 - Motion passes 4/0/5.
 - -218-3 Relocate Funds for the RD: Mover: Randy D. Shevana Area Second: Roland C. Tidewater Area Description/Background: World asked that Regions who can fund their RD's participation at the WSC 2023 Intent: To utilize RDA2 RSC Line Item to fund the RD for the upcoming 2023 WSC in the RDA2 planned absence to ease the world funding. Motion: RDA2 RSC line item to be utilized by the RD.

Basically, what is going on here, is that due to a decrease in funds, the World Services Conference (which currently pays expenses for Regional Delegates to attend the World Service Conference) is asking that if Regions can afford to pay the way for Delegates to attend the Conference, to pay their way.

- Motion passes 4/0/5

New Business

- **Motion 2-1:**
Made by: Philip W
Seconded by: Brian B
Intent: Reimburse personal expenses Motion: Reimburse literature chair 13.48 for copies made of order forms
Motion passes 10/0/0
- **Motion 2-2:**
Made by: Ashley O
Seconded by: Robbie Z
Intent: To create a buffer for shipping costs
Motion: To round up prices on literature form to the next dollar where appropriate (on most items other than IP's and cheap booklets, photos included of changes to literature form below)
Motion passes 8/0/2

Roanoke Valley Area of NA Literature Order Form

Revised January 2023

Item #	Description	Price	Quantity	Total
IPs				
3101	IP# 1 Who, What, How, and Why	.30		
3102	IP# 2 The Group	.35		
3105	IP# 5 Another Look	.30		
3106	IP# 6 Recovery and Relapse	.30		
3107	IP# 7 Am I An Addict?	.30		
3108	IP# 8 Just for Today	.30		
3109	IP# 9 Living the Program	.30		
3111	IP# 11 Sponsorship	.30		
3112	IP# 12 The Triangle of Self Obsession	.35		
3113	IP# 13 By Young Addicts, For Young Addicts	.30		
3114	IP# 14 One Addict's Experience	.30		
3115	IP# 15 PI and the NA Member	.30		
3116	IP# 16 For the Newcomer	.35		
3117	IP# 17 For Those in Treatment	.30		
3119	IP# 19 Self-Acceptance	.30		
3120	IP# 20 Hospitals and Institutions Service and the NA Member	.35		
3121	IP# 21 The Loner: Staying Clean in Isolation	.30		
3122	IP# 22 Welcome to Narcotics Anonymous	.30		
3123	IP# 23 Staying Clean on the OUTside	.60		
3124	IP# 24 Money Matters: Self Support in NA	.30		
3126	IP# 26 Accessibility for Those with Additional Needs	.35		
3127	IP# 27 For the Parent or Guardians of Young People	.40		
3128	IP# 28 Funding NA Services	.30		
3129	IP# 29 An Introduction to NA Meetings	.40		
3130	IP# 30 Mental Health in Recovery	.35		
2306	NA and Persons Receiving Medication Assisted Treatment			
KEYTAGS				
4100	White (Just for Today)	.60		
4101	Orange (30 Days)	.60		
4102	Green (60 Days)	.60		
4103	Red (90 Days)	.60		
4104	Blue (6 Months)	.60		
4105	Yellow (9 Months)	.60		
4106	Moonglow (1 Year)	.60		
4107	Gray (18 Months)	.60		
4108	Black (Multiple Years)	.60		
MEDALLIONS				
4300	Bronze 18 Months	3.80	4-	
43nn	Bronze Year(s)	3.80	4-	
43nn	Bronze Year(s)	3.80	4-	
43nn	Bronze Year(s)	3.80	4-	
43nn	Bronze Year(s)	3.80	4-	
53nn	Biplate Year(s)	21.50	22-	
1302	Triplate Year(s)	30.00		
4399	Eternity Medallion	3.80	4-	

Total

Total

Group:		Date:	
GSR:	Total Literature:	Donation to Area:	Total:

Page 1:
Page 2:
Total:

Roanoke Valley Area of NA Literature Order Form

Revised January 2023

Item #	Description	Price	Quantity	Total
BOOKS				
1101	Basic Text (6 th Edition) (Hardcover)	13.60	4-	
1102	Basic Text (6 th Edition) (Softcover)	13.60	4-	
1110	A Spiritual Principle a Day	15.00		
1112	Just for Today	10.70	11-	
1130	Sponsorship Book	9.80	10-	
1140	It Works: How and Why (Hardcover)	10.70	11-	
1143	It Works: How and Why (Softcover)	10.70	11-	
1150	Living Clean: The Journey Continues (Hardcover)	11.60	12-	
1151	Living Clean: The Journey Continues (Softcover)	11.60	12-	
1400	NA Step Working Guide	10.10	11-	
1201	Guiding Principles (Hardcover)	13.05	14-	
1202	Guiding Principles (Softcover)	13.05	14-	
BOOKLETS				
1164	The Twelve Concepts	2.50	3-	
1200	An Introductory Guide to NA	2.50	3-	
1500	The NA White Booklet	1.00		
1600	The Group Booklet	1.25		
1601	Behind the Walls	1.25		
1603	In Times of Illness	3.60	4-	
3110	Working Step Four in Narcotics Anonymous	.90	1-	
GROUP RESOURCES				
2202	The Group Business Meeting	.30		
2203	Group Trusted Servants: Roles and Responsibilities	.30		
2204	Disruptive and Violent Behavior	.30		
2205	NA Groups and Medication	.35		
2206	Principles and Leadership in NA Service	.35		
2207	Social Media	.35		
2109	Group Treasurer's Handbook	2.50		
2110	Group Treasurer's Workbook	2.50		
9072	Serenity Prayer Poster	1.75	2-	
9073	12 Steps Poster	3.75	4-	
9074	12 Traditions Poster	3.75	4-	
9075	3 rd Step Prayer Poster	1.75	2-	
9076	Just for Today Poster	1.75	2-	
9130	Group Readings (Plain)	5.25	6-	
1405	Group Readings (Laminated)	19.00	20-	
1406	Poster Set (Laminated)	30.00		
9054	Literature Rack (26 Slot)	30.00		
9055	Literature Rack (20 Slot)	42.00		
SERVICE GUIDES				
2101	Hospitals and Institutions Handbook with CD	11.00		
2101G	Hospitals and Institutions Basics	.75		
2102	Public Relations Handbook	10.50	11-	
2102B	Public Relations Basics	2.00		
2111	A Guide to Local Services	8.00		
2113	Outreach Resource Information	3.25		

Page 2 Total:

- Treasurer's report was given by Jacob M and will be included on the hyperlink on

www.roanokena.com

- **Motion to close passes 10/0/0 at 4:24pm**

Minutes submitted by Secretary Patrick T. and Vice Secretary Kara C.