

Roanoke Valley Area of Narcotics Anonymous
Area Service Committee Meeting Minutes
Date: January 21, 2024

Meeting held in person at Roanoke Metaphysical Chapel

The ASC meeting opened at 2:30pm with a moment of silence followed by the Serenity Prayer,
The 12 Traditions & 12 Concepts were read.

Voting GSRs Present: 8

Acceptance of Last Month's Minutes: Motion passed 8/0/0

Administrative and Subcommittee Roll Call

Position	Name	Attendance	Report
Chair	Marvin W	Present	Attached
Vice Chair	Courtney D	Present	No Report
Treasurer	Stacey J	Present	Attached
Vice Treasurer	Savannah F	Present	Attached
Secretary	Kara C	Present	No Report
Vice Secretary	Danielle M	Present	No Report
RCM	Greg H	Absent	Attached
Alt. RCM	Skeet C	Absent	No Report
Policy	Patrick T	Present	No Report
VRCC Director	Danny C	Present	Attached
Alt. VRCC Director	Sabrina E.	Present	No Report
Literature	Jacob M	Present	Attached
Activities	Sabrina E	Present	Attached
H&I Chair	Kevin R.	Present	Attached
PR Chair	Amanda E	Present	Attached

Home Groups Roll Call

<u>Homegroup</u>	
<u>1,2,3... 24/7</u>	Kenny C
<u>A.I.R.</u>	A
<u>Against all Odds</u>	Taylor H
<u>Another Step to Freedom</u>	A
<u>Breath of Life</u>	A
<u>Clean and Serene</u>	Debra M
<u>Do or Die</u>	Kate G
<u>Grateful Heads</u>	A
<u>Hope in Her Story</u>	A
<u>Just for Today</u>	A
<u>Spiritual Principle a Day</u>	Katie S.
<u>Sicker than Most</u>	Delores C
<u>Start from the Beginning</u>	Logan L
<u>Time for Change</u>	A
<u>Wecovery</u>	A
<u>Weekends in Recovery</u>	A
<u>Step into Recovery</u>	Danny G.

<u>Steps Hugs and Rock n Roll</u>	Shannon M.

Administration and Subcommittee Reports

Chair –

I wanted to bring to this body’s attention, the address reflected on the letterhead of the Area Minutes still shows us meeting at Rebos, the prior meeting location. I recommend that it should be updated to reflect the new and current address. I’ve also spoken to the RCM and he will be absent today due to illness. His report has been emailed. I also intend to put together a process of acquiring and submitting an inventory sheet of lost literature to Rebos for reimbursement.

In Loving Service,
Marvin W.

Vice Chair- No report.

Treasurer – See hyperlink on website.

Secretary – No report.

Vice Secretary- No report

RCM –

Hello Family,

I apologize for my absence today, but I am sick and did not want to pass my germs on to you all.

I attended Regional on 12/16.

- It was reported by the Regional Delegate that new groups should no longer submit new registrations

directly to NAWS anymore. They should be performed via the BMLT, reference this video for more

information: <https://www.youtube.com/watch?v=fu93yQuHxzI>

-The World Convention: The Power of Love!, will be held August 29-Sept1 in Washington, DC.

Old business:

- The 2024 Central Atlantic Region of Narcotics Anonymous (CARNA) budget was approved with

3 abstentions, 8 in favor and 0 against.

-RDA2: Cindy K. was acclimated.
-Policy Chair: Mark M. was acclimated.
-Current open positions: Chair, Vice-Treasurer, H&I Chair, PR Chair, and Speaker Jam Chair

New Business:

-Motion: To approve a Regional funding request for the Roanoke Valley Area in the amount of an additional \$300. Passed with 1 abstention, 10 in favor and 1 against.

**I have the check at my home and I no longer have access to do a mobile deposit, I will wait for direction from this body on how to get this money deposited.

Here is what I sent in as my report and the thank you note that was tasked to me by Area:

12/16/23 Roanoke Valley Area of NA report to the Central Atlantic Region of NA Hello Family, The Roanoke Valley Area currently has 16 groups with 24 weekly meetings, with our newest meeting

(started 12/1) Time for Change which meets Friday nights from 7-8 pm. The H&I currently hosts 4

weekly meetings and is working on starting 2 more meetings. Presently all positions are filled.

We are

currently not above prudent reserve and as such there is not a donation. We are prepared to vote on

the regional budget motion today. I will also be submitting a motion for new business. The area has

changed locations due to the recent fire and it appears that this will be our home indefinitely. The body

has asked me to send a thank you letter to not only the regional body but to areas that have provided

support considering the fire that took our literature supply. I have attached that to my report (below in

italics) The RVANA ASC meets the 2 Sunday of every month (except January and May, they are the 3 rd

Sunday) at 1488 Peters Creek Rd, Roanoke VA 24017. The Mailing address is P.O. Box 3338 Roanoke, VA

24015 Contact: roanokevalleyareaofna@gmail.com Website: www.roanokena.com

With Love of the fellowship,

Greg H. RCM RVANA

12/16/23

“Hello Family, A couple of months ago the Roanoke Valley Area of NA suffered a loss of our literature and Area meeting place due to a fire. On behalf of the Roanoke Valley of NA, I would like to express our heartfelt gratitude to The Central Atlantic Region, the New River Valley Area, and the Almost Heaven Area who donated not only funds but literature as well. Without this, there would have been a tremendous gap in our ability to help carry the message to the addict who still suffers. You all have allowed us to continue to help carry the message to

the addict who still suffers, and we are very grateful for your support during this time of need. This gesture was a perfect example of what Narcotics Anonymous service is all about and it was such a great experience to witness this level of support. We hope that we will be able to resume donations to the Region once we can work our way out of Prudent Reserve.

Thank you again,

Greg H. RCM on behalf of the Roanoke Valley of NA”

The Next Regional Service Committee meeting will be held starting at 10 am on February 17 th via Zoom:

<https://us02web.zoom.us/j/304156278>

With love of the fellowship,

Greg H. RCM

Alt RCM- No report.

VRCC-

VRCC Director gave an impromptu report on an unscheduled VRCC meeting that was held to discuss preconvention issues for the 41st AVCNA. Next scheduled VRCC meeting is March 17th in Charlottesville, zoom/in person. VRCC will be attending in person.

ILS,

Danny C.

Alt. VRCC- No report.

Ad Hoc Committee -

Hello family,

The Ad Hoc Committee met today to discuss the bid process for the 42nd AVCNA to be held in 2026. We identified 3 tasks that need to be completed in order to submit this bid.

1. Draft a letter of need from our ASC.
2. Draft a letter of support from an adjourning area.
3. Complete a hotel factsheet

We discussed, reviewed, and amended a letter of need that was used for the 41st AVCNA. We agreed to not ask the NRV and Appalachian areas for letters of support. We have 3 members (Danny C. Delores H., and Stacey J.,) who will coordinate a visit to Hotel Roanoke to have the hotel fact sheet filled out. Other items discussed were the timeline for submitting the bids as well as elections for the Convention Committee. The next Ad Hoc Committee will meet at 1:00 pm on March 10th at the Metaphysical Chapel on Peters Creek Rd.

In Loving Service,
Philip W.

Policy- No report.

Literature-

Today we sold 1,068 dollars in literature and my monthly allotment is 900 dollars and am seeking more money to catch back up our old inventory from the fire.

ILS,

Jacob M.

H&I-

Hello family, H&I met January 13th at Thrasher Memorial. All panel leads were present all giving positive reports. All commitments have been filled. We are seeing addicts show up from meetings after discharge from treatment, where we have carried the message, crediting the panels for their introduction to the program. I have contacted the facilitators at Roanoke City Jail and made introduction. They have forwarded me the vetting applications and I have passed them out to male members who may be eligible to carry the message. We still need male volunteers. The subcommittee is also pleased to announce that we have a meeting planned with staff in the next couple weeks to meet with staff from Catawba Hospital. Kelsey M. is now Panel lead for The Twelve and Rachel H. is the new panel lead for Pinnacle. Kate G. will now be serving as secretary for the subcommittee. Thank you for allowing me to serve.

-Kevin R.

Public Relations –

Hi Family,

Now that the constant meeting changes and elections have stopped, I've sent the meeting list to printer to be printed in bulk. Unfortunately, she didn't have them done by Friday, so I wasn't able to pick them up for today. I will get them this week when they are done and will do my best to send them out to homegroups. Otherwise please call me to pick some up.

In loving service,

Amanda E

Activities –

Our Christmas and New Year's Eve marathon meetings went well. We did run into a small obstacle on Christmas. I forgot to leave the key for the church before going to WV to spend Christmas with my children. As soon as I realized my mistake, first thing Christmas morning, I reached out to the subcommittee and they helped find a solution. Larry reached out to Belmont and they graciously allowed us to have the event there. Since we had reserved Greene Memorial for that and had to cancel last minute, we held an impromptu subcommittee meeting and voted to go ahead pay the rent for Christmas at Greene Memorial. We brought in \$135 in 7th tradition on Christmas, from which I used to pay \$50 for rent and reimburse a member for ice and sugar so I deposited \$69 into the account. On NYE, we brought in \$122 with the 50/50 drawing and \$209.19 in 7th Tradition. So, \$331.19 total. From that, I paid the \$100 in rent. \$50 for Christmas and \$50 for NYE and reimbursed a membership for \$25 of the \$115.83 she spent on decorations.

I deposited \$183 into the account. The amounts deposited into the account doesn't exactly math with the amounts brought in because some of the money was in jingle and I was just able to get the coin rollers for that last week and just got it rolled yesterday. I have \$27.89 in coins to deposit into the account. I also have \$40 in petty cash that I got from the previous chair and I forgot to put into my report last

month. We currently have \$365.93 in our bank account. Add the \$67.89 of petty cash and coins that I need to deposit into the account and the \$57 reimbursement for the storage unit and we have a total of \$490.82. The subcommittee met again yesterday. I was unable to attend the meeting due to not feeling well. The activities subcommittee shows up though, even when I am unable to. A valentines speaker meeting/ dance was planned for February 17 th which will be held at Greene Memorial from 6-11pm. There will be two speakers from 6-8 and the dance from 8-11. We will meet again to discuss more details before the event. I have misplaced a couple of receipts from Kroger and The Dollar Tree for money that was spent on supplies for these events. I am on the lookout for them and will amend this report when they are found. I'm thinking they might've gotten put in the storage unit with the supplies when I took them back. Just wanna be transparent and take responsibility for my irresponsibility. Please excuse my humanness.

In loving service,

Sabrina E

Home Group Reports

1,2,3 24/7 – Given verbally by Kenny C.

Against All Odds –

AAO continues to meet everyday of the week and carrying a strong message of recovery. AAO continues starting and ending on time with regular attendance of 20-70 in our central location of Roanoke Ave baptist church. This upcoming month : We have 1 home group member celebrating... Sandy - 1 year on 02.16.24. AAO is not making a donation to area this month.

In loving service Taylor N.

A.I.R.- No report.

Another Step To Freedom- No report.

Breath Of Life- No report.

Clean and Serene –

Hi Family,

Clean and Serene is opening and closing on time, with anywhere from 10-40 addicts in attendance each week. On February 10, Diane B. Will celebrate 3 years! Please join us. We will also be hosting our annual eating meeting on March 30th to celebrate our Homegroup anniversary. More will be revealed. We donated \$30 to the ASC today.

In loving service,

Debra M

Do Or Die-

Do or die is starting and ending on time each Friday at 8-9pm. The doors are open at least a half hour before meeting start time. This is an open meeting, all are welcome. The format is considering open format. The message is being carried. Average attendance is 30-40 addicts with a strong newcomer presence.

At group conscience this month we discussed starting a search for a new church to host our meeting. More will be revealed on that topic but we will continue meeting at Unitarian Universal Church at 2015 Grandin Rd. until further notice. Kate G is celebrating 12 years on February 23rd. Do or die is not making a donation to area this month.

ILS,

Kate G.

Grateful Heads – No report

Hope in HER story-

Meeting starting and ending on time. Strong presence from treatment centers. Attendance ranging from 15-20 members. Donation to area this month is 29.50.

ILS,

Savannah F

Just for Today – No report.

Sicker Than Most-

Sicker Than Most is opening and closing on time. This homegroup is in dire need of trusted servants. There are no celebration coming up next month sicker than most donated \$20. We're in need of homegroup members. We're meeting on Tuesday nights @7 pm, format is open meeting different week we have different topics person of contact Delores H (540) 819- 6065

In loving service

Delores H

Step into Recovery-

Step into Recovery is opening and closing on time and a strong message of recovery is being carried. Our attendance continues to increase, with our current average being approximately 50 addicts each week. Donation to area \$152.20.

In Loving Service, Danny G.

Start From the Beginning –

Start from the beginning home group has been meeting every Thursday from 6:30 to 7:30 with exception of thus past Thursday 01/18/2024 due to our key holder over sleeping but have continued spreading a strong message of recovery with an average attendance of 50-65 with sma strong newcomer presence and participation we will be donating \$2 to area this month

In loving service

Logan L

Spiritual Principle a Day-

The Spiritual Principal A Day group is continuing to carry a clear NARCOTICS ANONYMOUS message. SPAD is consistent with opening and closing on time and following the 12 traditions of NA. We are meeting at St. Elizabeth's Church on Mondays at 8pm (2339 Grandin Rd., SW). Our meeting attendance is between 9 & 44 addicts consistently. We have no celebrations this month. We are donating \$18 to area this month.

In loving service,

Katie S

Time For Change- No report.

WeCovery- Report given verbally.

Weekends in Recovery- No Report

Open Forum

- H&I chair asked for men to assist with applications for volunteers for commitment at Roanoke City Jail.
- Open forum closed at 3:27, 4 minutes after opening the floor.

Old Business

- **AD-Hoc committee planning meeting was suggested to be moved to the next ASC on January 21, 2023 at 1:00 PM.**

New Business

- Motion 1-1: To change policy disbursement of funds 1c Literature Chair 900 per month to 1,200 per month to purchase literature. Motion made by Jacob M. Second made by Kenny C.
- Members voted to take back to Homegroups: 9/0/0 (motion passes)
- H&I chair would like permission to make changes to H&I Policy, and discussed making a motion at next area service.

Treasurer's Report:

- See hyperlink on <http://www.roanokena.com/2023-minutes-and-treasurers-reports>

*Area Minutes Submitted by Secretary: Kara C. and Vice Secretary:
Danielle M.*

