

Roanoke Valley Area of Narcotics Anonymous
Area Service Committee Meeting Minutes

Date: March, 2024

Meeting held in person at Roanoke Metaphysical Chapel

The ASC meeting opened at 2:30pm with a moment of silence followed by the Serenity Prayer, The 12 Traditions & 12 Concepts were read.

Voting GSRs Present: 11

Acceptance of Last Month's Minutes: Motion passed 10/1/0

Administrative and Subcommittee Roll Call

Position	Name	Attendance	Report
Chair	Marvin W	Present	Attached
Vice Chair	Courtney D	Present	No Report
Treasurer	Stacey J	Present	Attached
Vice Treasurer	Savannah F	Present	Attached
Secretary	Kara C	Present	Attached
Vice Secretary	Danielle M	Absent	No Report
RCM	Greg H	Present	Attached
Alt. RCM	Skeet C	Absent	No Report
Policy	Patrick T	Absent	Attached
VRCC Director	Danny C	Absent	No Report
Alt. VRCC Director	Sabrina E.	Absent	Attached
Literature	Jacob M	Present	Attached
Activities	Sabrina E	Absent	No report
H&I Chair	Kevin R.	Absent	No Report
PR Chair	Amanda E	Present	No Report
Ad-Hoc	Philip W.	Present	Attached

Home Groups Roll Call

<u>Homegroup</u>	
<u>1,2,3... 24/7</u>	A
<u>A.I.R.</u>	Theo D.
<u>Against all Odds</u>	Taylor H.
<u>Another Step to Freedom</u>	A
<u>Breath of Life</u>	A
<u>Clean and Serene</u>	Debra M.
<u>Do or Die</u>	A
<u>Grateful Heads</u>	A
<u>Hope in Her Story</u>	A
<u>Just for Today</u>	James H.
<u>Spiritual Principle a Day</u>	Katie S.
<u>Sicker than Most</u>	A
<u>Start from the Beginning</u>	Logan L.
<u>Time for Change</u>	A
<u>Wecovery</u>	A
<u>Weekends in Recovery</u>	Andrew B.
<u>Step into Recovery</u>	Danny G.

<u>Steps Hugs and Rock n Roll</u>	Nathan A.
<u>Higher Power Hour</u>	Neil M.

Administration and Subcommittee Reports

Chair –

Vice Chair- No report.

Treasurer – See hyperlink on website.

Secretary –

Hi family, thank you all for being patient with me during my surgery and not having the minutes out in a timely manner. Before area service started this afternoon (March 10, 2024) changes were made to the “New Business” section which was shared with the entire body.

ILS,
Kara

Vice Secretary- No report

RCM –

Hello Family,
I attended the Regional Service Conference (RSC) which was on 17 th February via Zoom. There were 14 of 17 areas present. The following positions are open for nominations at the regional level: Chair, Vice-Treasurer, H&I Chair, PR Chair, and Speaker Jam Chair. There are no motions to be brought back to the Area. Having said that here is some information that is relevant to the Area: Newly formed groups should use this link to register their meetings with region: https://car-na.org/car-na_meetings/bmlt-meeting-update-form/
World Convention (29 Aug-1 Sept in DC) registration is open: <https://wcna38registration.streampoint.com/>
The Flier for the convention is: [https://www.na.org/admin/include/spaw2/uploads/images/local-events/RegFlier_15Jan24\(1\).pdf](https://www.na.org/admin/include/spaw2/uploads/images/local-events/RegFlier_15Jan24(1).pdf).
The cost of the convention is 4.2 million dollars, in order to “break-even”, it would take 24,000 registrations to do so. The main meeting hall seats 31,000 people and the earlier you register, the closer you get to the stage. Some discussion was brought up during the open forum about our current zonal involvement. As of now, we are part of the Autonomy Zonal Forum and there are only 3 remaining regions in the Autonomy Zonal Forum. No decision was made if we should stay with the Autonomy Zonal Forum, go “zoneless” or join another zonal forum (our delegate team members have been researching other zonal forums and feel that the North East Zonal Forum would be their vote due to that forum being more

active than other forums nearby). There were more basic texts (5 per area) donated from the East Coast Convention to be given to Area H&I subcommittees. The Area Vice Chair mailed the texts to me, and I have them here today. The next RSC meeting will be a 2-day event with the GSR assembly being held on Saturday 20 th April starting at 10 am. The agenda will be soon forthcoming from the delegate team. There will be reports from the administrative body as well as roundtable discussions (typically the Issue Discussion topics).

The business portion of the meeting will be on Sunday.

The link for both meetings is:

<https://us02web.zoom.us/j/85062167488>

With love of the fellowship,

Greg H. RCM

Alt RCM- No report.

VRCC- No report.

Alt. VRCC- No report.

Ad Hoc Committee -

Hello family. The Ad-Hoc committee met today to review tasks set from last meeting. We have reviewed the letters of support from NRVANA and the AANA. I spoke with Danny and he should be meeting with the Hotel Roanoke this week and getting the hotels facts sheet completed prior to Sunday 3/17 in time for the VRCC meeting.

The committee voted Jeffery L. in as secretary so we have accountability for meeting minutes. We discussed whether we needed to meet again prior to learning if we have been awarded the bid for the 42nd AVCNA and I will make that determination after the VRCC meeting on the 17th.

ILS,
Philip W.

Policy-

Hey family,

I am in the process of officially submitting an addendum to our current policy to highlight the recent change of the literature budget going from \$900 to \$1200. This change will be completed by next ASC.

ILS,
Patrick T

Literature-

Hey family,
We are fully stocked on medallions up to 30 years and all other literature.
ILS,
Jacob M.

Public Relations -

Hi Family,
I will be bringing a motion today to increase Public Relations' budget and change it to a monthly budget. This is due to the fact that each time the lists are sent, there are changes almost immediately. I will discuss in open forum.
ILS,
Amanda E

Activities-

Our Valentine's Day dance went well. There was quite a few people in attendance and people seemed to enjoy themselves. Although we didn't even bring in enough 7th tradition money to cover the \$50 rent for the venue, it still felt like a huge success. I spent \$311.89 on supplies for activities, a lot of which will last for a while so I won't have to buy much for the next few events. The current account balance is \$43.64. I still have around \$70 in petty cash, including all the change that I still haven't deposited. I've been informed that the storage place is now charging \$62 month instead of the \$57 that was initially being charged. Philip said that the cost went up \$5 in January. I will amend this report with proof of the increase and the account balance after I deposit the change I have. I would like to ask The ASC to replenish the account to the agreed upon \$500, if possible. I am in WV this weekend to celebrate my childrens' birthday, that's why I'm not there.

ILS,

Sabrina

H&I Subcommittee-

H&I - The H&I subcommittee met Saturday March 9th, 2024 6pm at Thrasher Memorial Church. All panel Leads were able to attend and gave positive reports. All commitments have been filled. We are seeing addicts showing up at meetings after discharge from these facilities where we have carried the message, crediting the Panels for their introduction to the program. We still need male volunteers for the Roanoke City Jail commitment. See me for applications if interested. Also, I met with the director of the treatment team at Veterans Affairs and secured a commitment in which we will be convening again this week to solidify the actual day and time in which we will be carrying in that meeting. They are excited to have Narcotics Anonymous there

as they remember our prior service. Thank you all for your service and affording me the opportunity to serve as well.

Kevin Rosser, H&I Chairman

Home Group Reports

1,2,3 24/7 –

Against All Odds –

Hey family,
AAO continues to meet everyday of the week carrying a strong message of recovery. Meetings start and end on time with 20-70 addicts in attendance. Starting April 1st we will begin meeting at Wasena Park on Mondays and Tuesdays at noon. This upcoming month we have two homegroup members celebrating: Steven W. 3 years 3/10/24 and Mike C. 1 year on 3/22/24. No donation to ASC this month.
ILS,
Taylor N.

A.I.R.-

Air's home group is opening and closing doors on time. We are carrying a strong message of recovery. We have about 10 to 20 people in attendance. Air will be having a speaker jam this month on the 23th. We have no celebration this month. And no donation this month. In loving service. In loving service

Theo D.

Another Step To Freedom- No report.

Breath Of Life- No report.

Clean and Serene –

Hey Family,
Clean and Serene is opening and closing on time. There are around 40-50 addicts in attendance each week with a strong message of recovery being carried. Please keep in mind that our annual

eating meeting to celebrate our Homegroup's anniversary is the last week of March. We have no donation this month.

ILS,

Debra M.

Do Or Die- No report

Grateful Heads – No report

Hope in Her story-

Just for Today –

Hey family,
Homegroup is opening and closing on time with strong treatment center attendance. No donation to area this month and no homegroup members celebrating.

ILS,

James H.

Sicker Than Most- No report

Step into Recovery-

Step into Recovery is opening and closing on time and a strong message of recovery is being carried. Our attendance continues to increase, with our current average being approximately 50 addicts each week. Donation to area \$152.20.

In Loving Service, Danny G.

Start From the Beginning

Spiritual Principle a Day-

The Spiritual Principal A Day group is continuing to carry a clear NARCOTICS ANONYMOUS message. SPAD is consistent with opening and closing on time and following the 12 traditions of NA. We are meeting at St. Elizabeth's Church on Mondays at 8pm (2339 Grandin Rd., SW). Our meeting attendance is between 30-50 addicts consistently. Ellarie P will be celebrating 8 years on 4-1-24. We are donating \$7 to area this month.

In loving service,
Katie S

Time For Change- No report.

WeCovery- No report

Weekends in Recovery-

We are opening and closing on time with an attendance from 20-40 addicts. We are making a donation of \$100 to area this month and have no celebrations this month.

ILS,
Andrew B.

Steps Hugs and Rock and Roll-

Meeting is starting and ending on time. We meet Thursdays from 8-9 at Christ Lutheran Church. We have carried an average attendance of 25 people a week. We have no celebrations this month. We currently have 7 home group members and A strong message of recovery is being carried. We have a donation of 5.50 this month.

-In loving service Nathaniel A

Open Forum

- Some members have gotten together and would like to ask for a start-up literature package for a homegroup that will be starting up in Buchanan. The homegroup "The Journey Continues" will be held at Buchanan Presbyterian Church (19559 Main St. Buchanan, Virginia 24066) and meeting on Fridays at 7:00 pm.
- Literature Chair states that we do not have to have a motion to raise activities funds and that GSRs can vote. However, not knowing what the account is at needs to be taken into consideration.
- Treasure is able to report what the activities account is resting at.
- Member brought up concerns regarding removal of area service members who serve in positions, due to minimal attendance at ASC meetings.
- Vice Chair reiterated their job duties in their position, and will be reaching out to members who serve in positions about their attendance at ASC.

- PR chair questioned the certain amount of time before deposit is supposed to be made before or after the event.
- H&I chair requested verbiage from policy in order to support their own policy
- Body and members read policy about missing ASC meetings
- Member reiterated bullets under section 3 of policy speaking to administrative members, and using different languages when approaching missed ASC meetings
- Members expressed concerns about subcommittee chairs missing consecutive ASCs and not communicating with Chair or Vice Chair

Old Business

- Policy states anything over our prudent reserve needs to get sent back to region once we are over our total holding.
- 2-1 to change prudent reserve from 2,000 to 2,300 intent for literature budget increased by 300 dollars, **Motion passes 5/1/0.**
 - Higher Power Hour New Meeting Starting Tuesday 6pm to 7pm
 - Address 3502 Old Mountain Road Ne Roanoke Va 24019

New Business

- The body recognizes “The Journey Continues” as a new homegroup. 6/0/0
- 3/10/2024 Motion: To increase the Public Relations budget for PR Part2, 2, Section D, 1c to a monthly budget of \$60. Intent: To be able to provide more up to date meeting lists.
Motion by: Amanda E.
Second: Debra M.
- Motion made to replenish Activities account today 3/10/24.
Motion made by: Philip W
Second: Katie S.
Motion did not pass

Treasurer's Report:

- See hyperlink on <http://www.roanokena.com/2023-minutes-and-treasurers-reports>

*Area Minutes Submitted by Secretary: Kara Coffey and Vice Secretary:
Danielle M.*