

Roanoke Valley Area of Narcotics Anonymous

Area Service Committee Meeting Minutes

Date: May 15, 2022

Meeting held in person at Rebos

The ASC meeting opened at 2:30 p.m. with a moment of silence followed by the Serenity Prayer; The 12 Traditions & 12 Concepts were read.

Voting GSRs Present: 7

Acceptance of Last Month's Minutes: Approved

Vote: 6 for/1 abstain/0 against

Administrative and Subcommittee Roll Call

Position	Name	Attendance	Report
Chair	Kaitlyn H.	Present	--
Vice-Chair	Philip W.	Present	--
Treasurer	Jacob M.	Present	Attached
Vice Treasurer	Bailey H.	Present	--
Secretary	Brittney D.	Present	Attached
Vice Secretary	Patrick T.	Absent	--
RCM	Vacant	--	--
Alt. RCM	Vacant	--	--
Policy	Amanda E.	Present	--
VRCC Director	Vacant	--	--
Alt. VRCC Director	Vacant	--	--
Literature	Keith C	Present	Attached
Activities	Christy W.	Present	--
H&I Chair	Patrick B.	Present	Attached
PR Chair	Vacant	--	--

Home Groups Roll Call

<u>Homegroup</u>	<u>Attendance</u>
1,2,3... 24/7	A
Against all Odds	Robert Z
Another Step to Freedom	A
Breath of Life	A
Clean and Serene	A
Do or Die	A
Foundations of Recovery	A
Grateful Heads	A
Hope in HERstory	Savannah
Just For Today	A

Night Owls	A
The Pain Stops Here	A
Principles Before Personalities	A
Sicker Than Most	A
Spiritual Principle a Day	Ry
Start from the Beginning	Kevin R.
Step Into Recovery	Robbie
Time for Change	Vanessa
Wecovery	A
Weekends In Recovery	Mike G.

Administration and Subcommittee Reports

Chair – no report

Vice-Chair – no report

Treasurer – *attached*

Vice Treasurer –

Secretary –

As a reminder, any GSR or subcommittee chair can submit their reports to me via text or email, which saves us on money and resources (and makes my job easier).

Thanks for letting me serve,
Brittney D.

Vice-Secretary – no report

RCM – *vacant*

Alt RCM – *vacant*

Policy –

Hi Family,

Due to a busy school schedule, I have been unable to complete the corrections on the policy. I will have the updated policy emailed to Brittney D by Wednesday to be updated on the website and physical copies available by the end of the week.

In loving service,
Amanda E

VRCC – *vacant*

Alt VRCC – *vacant*

Literature – no report

Activities -

Start from the Beginning will co host with Activities on an event on Memorial Day. Memorial Day Picnic and Speaker Jam. Will be held at Fallon Park. Area will provide hot dogs, hamburgers, water and lemonade. We are asking for individuals to bring side dish, lawn chairs, and desserts. We are also asking for home groups to provide condiments and or side dishes

Start at 11. 1130-1230 meeting

1230-115 eat

130-215 speaker

2 pies

230-315 speaker

2 pies

330-415

Pies

5-6 speaker

In loving service,
Cristy W

H&I -

The H&I subcommittee met on 5-14-22 at 2:30 pm, 2022 Roanoke Ave Baptist Church. 10 Members were present. We discussed reopening contact with the Roanoke City Jail, downsizing our presence at The 12 to one presentation per month, and finding new leads for the Blue Ridge CSU. We voted unanimously to approve a new Thursday night lead for the CSU, local member Kelsey M. We are carrying the NA message to the best of our ability with minimal participation. More will be revealed.

ILS,
Patrick B

0 Literature ordered

PR - vacant

Homegroup Reports

Against All Odds -

Against all odds is continuing to carry a clear NARCOTICS ANONYMOUS message. Against All Odds is consistent in following the 12 traditions of NA. Opening and closing on time! We are still meeting in Wasena park Monday's and Tuesdays at noon. We continue to be a first line of exposure to NA for several local treatment and recovery programs. Our meeting attendance is between 25-50 addicts consistently. Homegroup members celebrating in the upcoming month are:

May 22 Patrick B 3 years

June 5 Douglas G 1 year

June 10 Dashell 2 years

June 12 Erica c 1 year

On July 2nd AAO will be having a Homegroup celebration, cookout, river float, speakers at the big shelter at Wasena Park. More will be revealed.

Donation to area is \$32

In loving service Douglas G.

Clean And Serene -

Clean and Serene is opening and closing on time with a clear message of recovery being carried. We have around 40 addicts in attendance each week. Homegroup member, Lisa A, will be celebrating 2 years on June 18th, and Homegroup member, Amy T, will celebrate 2 years in June (more will be revealed). Please join us. Please also know that our celebrations are scheduled to run until 1:15pm as we reserve an extra 15 minutes for these celebrations. We also nominated a new Alt-GSR, Theo D.

Our donation today is 69.90.

In loving service,
Ashley O.

Hope in HERstory -

The group continues to begin & end on time. We are continuing to see new women show up & see familiar faces both which continue to spread hope. We averaged about 10-16 women a meeting this past month. We continue to carry a strong message of recovery to women seeking it. We are able to make a donation to area this time. Beginning April 11th we switched meeting locations to St. James Episcopal Church @ 4515 Delray St NW, Roanoke, VA 24012. We have been seeing a consistent number of women show up despite moving locations.

Savannah Farris

Spiritual Principal A Day -

The Spiritual Principal A Day group is continuing to carry a clear NARCOTICS ANONYMOUS message. SPAD is consistent in following the 12 traditions of NA. We are still meeting at St. on Mondays at 8pm at Elizabeth's (2339 Grandin Rd., SW). Our meeting attendance is between 25-50 addicts consistently.

Start From the Beginning -

Hello family; Start From the Beginning has consistently been carrying the message of recovery, studying the first few chapters and traditions from our basic text and literature. We have a strong newcomer presence and consistent attendance from local treatment centers, consistently with 15-40 addicts in attendance. We are open every Thursday at 6:30pm at the above address. We are donating \$40.00 to Area this month. Home group members celebrating are as follows.. Phillips W. 4 years on May 19. Alex V. 1 yer on June 19. Also Activities and Start from the Beginning are working together to host a Memorial Day celebration. The event is Monday, May 30 from 11am-6 pm @ Fallon Park. There will be food and 4 Speakers. Flyer is attached for full details.

In Loving Service,

Kevin R. GSR, Start From the Beginning

Step Into Recovery -

Step into recovery opened April 13th and is doing well, closing and opening on time. We are having 15 to 25 addicts per meeting. We look forward for this meeting to grow and to continue to provide service to suffering addicts. In loving service Robert Z

Time For Change -

Time for Change GSR Report

Hi family the time for change group is doing well we have two new home group members Cliff and Maranda G. We open and close on time and are sharing the NA message. We are located at 301 mountain ave SW

In loving service

Vanessas H

Donation is 5.00

Weekends in Recovery -

Hello Family.

The Weekends In Recovery Group of NA is doing well. We meet every Sunday night at 8:00 PM at 1101 Jamison Ave SE, Roanoke, VA. The doors are being opened on time, and the message of NA recovery is being shared. We have several new homegroup members that are anxious to be of service to the group. Meeting attendance is gradually picking up again.

Homegroup member Marvin W. will be celebrating 14 years clean and Mike G will be celebrating 31 years clean, both on Sunday June 12th. Please come out and help us celebrate!

We have a donation of \$100.00 to the ASC today,

ILS,

Mike G. GSR

Open Forum

- A member is noticing more treatment centers coming to meetings lately, but homegroups have been continuing past their end time. We are serving more than just ourselves and it's disruptive when the treatment centers need to leave before the meeting had officially ended.
- Member would also like for the treatment centers to stay until the designated end time instead of disrupting the meeting. Looking for suggestions on how to address this.
 - Address at the group level if desired
 - Third tradition states we leave the doors open for people to come/go
 - Not just treatment centers leaving early
 - Possibly make an announcement that treatment centers not make a mass exodus
 - Homegroup members speaking one-on-one with staff members
 - We are the ones with more experience with the principles compared to the treatment centers
 - Approaching individuals or groups about when they leave the meeting may not be appropriate
- H&I needs members to show up on Monday/Thursday nights at 8 p.m. to share their experience, strength, and hope via Zoom. Suggested speakers from other areas since it is via

Zoom. Have tried, but still struggling.

- Reminder that new nominations begin in July, voted on in August, and take over in September.

Old Business

- Formal recognition for Step Into Recovery, Wednesday from 6-7
- Kara C nominated for PR. Member rescinded her nomination. No vote needed.

New Business

- **Motion:** To change policy Part III, Section 1, A1 to state “To hold May ASC on the 3rd Sunday in May (annually)
Intent: To allow for more participation in the ASC due to Mother’s Day celebration being on the 2nd Sunday.
Vote: 6/1/0 motion passes
- Vacant positions: RCM, Alt-RCM (2 yrs acclimated), VRCC Director (2 yrs; can also be a GSR), Alt-VRCC (2 yrs acclimated; can also be a GSR), Public Relations (1 yr)

RVANA ASC was concluded with the Serenity Prayer and was adjourned at 3:33 p.m.

Minutes are respectively submitted by RVANA ASC Secretary, Brittny D.