## Roanoke Valley Area of Narcotics Anonymous Area Service Committee Meeting Minutes Date: September 11<sup>th</sup>, 2022 Meeting held in person at Rebos

The ASC meeting opened at pm with a moment of silence followed by the Serenity Prayer, The 12 Traditions & 12 Concepts were read.

## Voting GSRs Present: 10 Acceptance of Last Month's Minutes: Motion passed 10/0/0

Administrative and Subcommittee Roll Call				
Position	Name	Attendance	Report	
Chair	Philip W	Present	No Report	
Vice Chair	Marvin W	Present	No Report	
Treasurer	Jacob M	Absent	No Report	
Vice Treasurer	Bailey H	Present	Attached	
Secretary	Patrick T	Present	No Report	
Vice Secretary	Kara C	Present	No Report	
RCM	Greg H	Present	Attached	
Alt. RCM	Kaitlyn H	Present	No Report	
Policy	Holding	Absent	No Report	
VRCC Director	Holding	Absent	No Report	
Alt. VRCC Director	Holding	Absent	No Report	
Literature	Sarah M	Present	No Report	
Activities	Cristy W	Present	Attached	
H&I Chair	Patrick B	Present	Attached	
PR Chair	Amanda E	Present	No Report	

### Administrative and Subcommittee Roll Call

#### Home Groups Roll Call

Homegroup	Attendance
1,2,3 24/7	Stacey J
A.I.R.	Marcus
Against all Odds	Brad W
Another Step to Freedom	A
Breath of Life	A
Clean and Serene	A
Do or Die	Brittny D
Grateful Heads	Fernando H
Hope in Her Story	Savannah F
Just for Today	A
Spiritual Principle a Day	Ry B
Sicker than Most	<u>A</u>
Start from the Beginning	Kevin R
Time for Change	Cliff
Wecovery	A
Weekends in Recovery	A
Step into Recovery	Robbie Z

# Administration and Subcommittee Reports

Chair – No report.

Treasurer – See hyperlink on website.

Secretary – No report.

**RCM** – Hello Family,

The RCM and Alt. RCM attended the RSC on 8/22 via zoom.

During Open Forum there was discussion about possibly incorporating the Central Atlantic Region and proposed bi-laws were shared. When asked what the benefits or incorporating were, the following points were shared: Tax exemption/deduction, Formalize our structure, Limits liability of trusted servants/ensures trusted servants are responsible to the groups, Proclaims Narcotics Anonymous and Central Atlantic Region as a responsible law abiding consistent capable organization. As of now this is just discussion only. It appears that there should be a motion forthcoming related to this after more data is gathered.

I asked about the process of getting our area meetings updated on the Regional website updated and was sent a link to do this. I have not done this and am willing to forward the link to our PR to ensure that the list is updated.

If we are to send an area donation to the region, I have the information to do so.

When asked about returning to in person meetings for Regional, it was shared that the meeting place had stopped in person meetings due to Covid and it had not been revisited. The regional chair is to reach out to the meeting place (UVA hospital in Charlottesville) to see if in person meetings will resume. The next regional meeting will be held via zoom because it is a 2-day region and there is not sufficient time to plan for it. The Next RSC will be held on October15th & 16th 2022 on Zoom Meeting ID: 304 156 278 and the next Subcommittee Meeting will be held on September 17th 2022 at 10am on Zoom Meeting ID: 304 156 278.

The following positions are open and open for nominations. Vice Chair; H&I; Policy; Speaker Jam and Vice Treasure.

There are several events coming up around the region that are listed on the website: <u>https://car-na.org/calendar/</u>

With Love of the Fellowship,

Greg H. RCM

#### Policy – No report.

**H&I** – Chair: Patrick B. The H&I Subcommittee met Saturday September 10, 2022 6:00 PM at Thrasher Memorial. There were 15 members present. Our commitments report carrying a strong message of recovery and new members showing up to area homegroups from these commitments. We are looking forward to a new chairperson and what the future of carrying the NA message holds. We would like to ask the area homegroups for male members interested in carrying our message into the city jail to participate. This commitment involves an extensive background check and approval from the sheriff. In Loving Service: Patrick B.

#### Public Relations – No report.

#### Activities -

This is the receipt for the items purchase for event for Labor Day. It was postponed due to weather and again the following weekend. We met the third Sunday and had a decent turn out. I fried all the hamburger for a possible fall event to do chili or spaghetti to avoid throwing area away money. We will meet next Sunday at Starbucks on Whitmore at 11 am. I paid the rent however I will have to send that receipt behind this. I will ask the city for a refund if not I'll ask for a refund through area next month.

In loving service, Cristy W

sam's club CLUB MANAGER JEREMY JION CLUB MANAGER VA ROANOKE 08220 002 09/04/22 16:43 3018 08220 002 3258 09/04/22 16 14 349674 IN40 CT PATF 349674 IN40 CT PATF 349674 IN40 CT PATF 980282416 MH FRANK 10F 980282416 MH FRANK 10F 980282415 MH FRANK 10F 98073867 MATCHLIGHT 98073867 MATCHLIGHT 98073867 HOTDOG BUNSF 144885 HOTDOG BUNSF 144800 HAMB BUNS F 144900 HAMB BUNS F 144885 HOTDOG BUNSF Kasidu шшшшшш 144885 144885 144885 144885 144885 144900 144900 144900 144900 144900 144900 144900 144900 144900 HAMB BUNS 14480 HAMB BUNS 14480 HAMB BUNS 14480 HAMB BUNS 14480 HOTDOG BUNS 14480 HAMB BUNS 14480 HOTDOG BUNS 14480 HOTDOG BUNS 14480 HOTDOG BUNS 14480 HOTDOG BUNS 14480 14480 HOTDOG BUNS 14480 14480 HOTDOG BUNS 1 EFT DEBIT PAY FROM PRIMARY 270.05 TOTAL PURCHASE US DEBIT \*\*\*\* \*\*\*\* \*\*\*\* 8547 I 0 NETWORK ID. 0076 APPR CODE 297747 US DEBIT AID A000000980840 AAC 5C56E5037EC742C1 TERMINAL # SC010754 Additional Savings This Trip: Sam's Instant Savinss: \$4.50 Visit samsclub.com to see your savinga ITEMS SOLD 26 # TC# 2791 9241 6206 6232 6276 2

Treasurer-

# Home Group Reports

## <u>1,2,3 24/7 –</u>

1,2,3 24/7 continues to open and close the doors on time. The homegroup continues to deliver the message of recovery. On average we have about 5-7 attendees per meeting. We are encouraging members to come and support the homegroup.

In love and service,

Stacey J.

### <u> Against All Odds –</u>

AAO continues to meet every day of the week with regular attendance of 20-30 people, we voted to move the noon meeting Monday and Tuesday at Wasena park back to Roanoke Avenue Baptist starting October 3rd, celebrating this month we have Sharon celebrating 1 year Sunday the 11th, Alvin celebrating 37 years Thursday August 15th at noon, Steven w 18 months on the 16th, Cassi 1 year October 2nd and Jerry 24 years October 9th. AAO is donating \$21.80 to area -Brad W.

## <u>A.I.R.-</u>

A.I.R. reopened today at Anderson & Associates building. We had an attendance of 50+ addicts show up. The meeting open and closed on time. A strong message of recovery was given today. We are very grateful for the meeting reopening.

In loving service,

Bernice

Another Step To Freedom- No report.

Breath Of Life- No report.

<u>Clean and Serene</u> – No report.

## Do Or Die-

Hey Family,

Do or Die has been opening and closing its doors on time and carrying a clear message of recovery. Our attendance has been steadily increasing since changing our time back to 8 p.m. with as many as 45-50 addicts in attendance; compared to the 5-10 addicts we had a few months ago, this shows a lot of hope for the future of the meeting. We have officially elected Russell B as our GSR and Brittny D as our alt-GSR.

ILS,

Brittny D.

## <u> Grateful Heads –</u>

Still open on time and carry a strong message of recovery. Have a great number of addicts coming to our meeting. Bought 101 dollars in literature and chips. And donated 50 to area. Thanks for allowing me to be of service.

Fernando H

## Hope in HER story-

The group continues to begin & end on time. We are continuing to welcome new women & see familiar faces both which continue to spread hope. We averaged about 20-30 women a meeting this past month and are continuing to carry a strong message of recovery to women seeking it. We are able to make a donation of \$5.95 to area this month.

In loving service, Savannah F

#### <u>Just for Today</u> – No report.

#### Step into Recovery-

Step into recovery is doing well, closing and opening on time. We are having 15 to 20 addicts per meeting following the 12 traditions of NA. Home group member Sarah M is celebrating 2 years Sept 14th Donation to area is \$10.05.

In loving service, Robert Z

#### Start From the Beginning -

Hello family,

Start From the Beginning has consistently been carrying the message of recovery, studying the first few chapters and traditions from our basic text and literature. We have a strong newcomer presence and consistent attendance from local treatment centers, with 15-50 addicts in attendance. We are open every Thursday at 6:30pm at the above address. Start from the beginning held Group Conscience on September 8 and fulfilled Home Group service positions. Billie M will be serving as GSR, Addy P. GSR Alternate, Patrick T. Treasurer, and Kevin R. Secretary. We are donating \$21.93 to Area this month. Upcoming Home Group member celebrations are as follows: Marcus J celebrating 2 years on September 15. Billy M 1 year on September 22. Kelley S 18 years on September 29. This is my last report as GSR for Start from the beginning as I am taking on Secretary. I am truly grateful for the opportunity to serve.

In Loving Service, Kevin R.

#### Spiritual Principle a Day-

The Spiritual Principal A Day group is continuing to carry a clear NARCOTICS ANONYMOUS message. SPAD is consistent in following the 12 traditions of NA. We are still meeting at St. Elizabeth's Church on Mondays at 8pm(2339 Grandin Rd., SW). Our meeting attendance is between 25-45 addicts consistently. We are not donating this month, as I forgot to bring the money. I will bring it next month. Ry B

<u>Time For Change-</u> No report. <u>WeCovery-</u> No report. <u>Weekends in Recovery-</u> No report.

## **Open Forum**

- A member reminded others who have been voted into area service postions cannot functions as a group GSR as well
- A member brought up Regional Service meeting in October that could use participation from our

area

- AIR homegroup member asked area to be treated and recognized as a new homegroup despite previous involvement in our area. The homegroup does not have literature, key tags, funds, IP's, etc.
- H&I reiterates the need for male participants to help bring meetings into the city jail.
- Activities has a bunch of hamburger and hotdog buns leftover from cancelled Labor Day event and asked what they should do with them for reuse or to get money back. Another member offered to financially reimburse activities for the leftover items and donate them to a local organization (i.e Rescue Mission, etc.)
- A member brought up changing venue for ASC. Rent has already been paid through September. More will be revealed on this topic.
- Chairperson proposed reading excerpt from A Guide To Local Services during each ASC. Vice chair supports this idea along with another voting GSR.
- PR brought up a void of point of contact for each homegroup on current meeting lists and requests phone numbers from homegroups
- 1,2,3 24/7 and Start from the Beginning offered their homegroup meeting spaces for activities to host future events. Pastors of meeting spaces will be contacted by the homegroups as a possible solution.
- Step into Recovery meeting space for possible new ASC meeting location

# Old Business

- Skeet C. nominated for H&I chair. Member qualified. Pros and cons were given. Voted in 7/0/1
- Fernando H. nominated for VRCC Director. Member qualified. Pros and cons were given. Voted in 9/0/0
- Cristy W. nominated for Activities. Member qualified. Pros and cons were given. Voted in 10/0/0
- Patrick B. nominated for Policy. Member qualified. Pros and cons were given. Voted in 10/0/0
- Theo D. nominated for Alt-VRCC. The body voted to wave the member's clean time requirements: 5 for/1 abstain/0 against. -Member qualified. Pros and cons were given. Voted in 10/0/0
- REMAINING POSITIONS WITH NO NOMINATIONS: none

## New Business

- Motion for AIR to receive new homegroup packet. Motion second. Motion passes 10/0/0. Homegroup was provided new homegroup packet.
- Activities asked for churches or inside venues to host indoor events for possible activity. Start from The Beginning offered meeting space as a solution.
- Motion to extend open forum for 5 minutes. Motion passes 10/0/0
- Motion to close open forum. Motion passes 10/0/0
- Treasurer's report presented by Bailey H. See attached report.
- Motion to close at 3:43pm. Motion passes 10/0/0.

Minutes submitted by Secretary Patrick T.