

Roanoke Valley Area of Narcotics Anonymous
Area Service Committee Meeting Minutes
Date: September 13, 2023
Meeting held in person at Rebo's

The ASC meeting opened at 2:30pm with a moment of silence followed by the Serenity Prayer,
The 12 Traditions & 12 Concepts were read.

Voting GSRs Present: 11

Acceptance of Last Month's Minutes: Motion passed 11/0/0

Administrative and Subcommittee Roll Call

Position	Name	Attendance	Report
Chair	Marvin W	Present	No Report
Vice Chair	Open	Open	No Report
Treasurer	Stacey J	Present	Attached
Vice Treasurer	Savannah F	Present	Attached
Secretary	Kara C	Present	No Report
Vice Secretary		Open	No Report
RCM	Greg H	Present	Attached
Alt. RCM	Skeet C	Open	No Report
Policy	Patrick T	Open	No Report
VRCC Director		Absent	No report
Alt. VRCC Director		Open	No Report
Literature	Jacob M	Present	No Report
Activities	Sabrina E	Present	No Report
H&I Chair	Kevin R.	Present	Attached
PR Chair	Amanda E	Present	No report

Home Groups Roll Call

<u>Homegroup</u>	
1,2,3... 24/7	Kenny C
A.I.R.	Rosa P
Against all Odds	Taylor H
Another Step to Freedom	A
Breath of Life	A
Clean and Serene	Debra M
Do or Die	Russel B
<u>Grateful Heads</u>	A
<u>Hope in Her Story</u>	Savannah F.
<u>Just for Today</u>	A
<u>Spiritual Principle a Day</u>	Katie E.
Sicker than Most	Delores H
Start from the Beginning	Kelley S
<u>Time for Change</u>	A
<u>Wecovery</u>	A
<u>Weekends in Recovery</u>	

<u>Step into Recovery</u>	Robbie Z
<u>Just For Today</u>	A

Administration and Subcommittee Reports

Chair – No report.

Vice Chair- No report.

Treasurer – See hyperlink on website.

Secretary – Please send all reports to kmorganco@gmail.com.

Vice Secretary- No report

RCM – 9/10/23 RCM report to Area

Hello Family,

I attended the Regional Service Committee (RSC) on August 19th via Zoom. There were 11 Area's represented. The following positions are vacant: Vice-Treasurer, H&I Chair, Policy Chair, PR Chair, Regional Delegate Alternate-2, and Speaker Jam Chair. Treasure reported that after a projected World Donation of \$3,245.31 that we will be at prudent reserve which is \$18,666.75.

The regional delegate stated the current conference cycle Issue Discussion Topics are: 1. Dealing with disruptive and predatory behavior 2. Gender-neutral and inclusive language in NA literature 3. Reimagining and revitalizing service committees (to further the reach of the NA message, improve communication, provide mentorship and training, and make service more attractive and accessible, learning from our experience the past few years) 4. DRT/MAT as it relates to NA.

Since the next world service conference will be held in Washington D.C., members from this area are able to participate in the WCNA 38 workgroup; if interested you can go to this link: https://naws.formstack.com/forms/volunteer_form.

The regional delegate alternate-2 stated the following about the current zone that we are a part of (Autonomy Zonal Forum): We also discussed the viability of the Autonomy Zonal Forum. The

AZF previously consisted of six regions and now only three remain. One region left because its members did not want to be part of any Zone, one region left to be a part of a different zone, and one region disbanded entirely. In April, the three remaining Regions in the AZF voted to give it a year. This would allow two two-day events to happen, after which we could get a sense of how effective we are in serving the member regions and their groups. I should add that though the AZF is currently comprised of only three Regions, those three regions have over 1500 weekly meetings occurring in them. In that sense, we are larger than some other Zones that are geographically much bigger. At the end of this year's review, we will be asking you for direction on how to proceed. Should we stay with the AZF? Should be just North East Zonal Forum (NEZF), a huge but very effective zone, or should we join the South East Zonal Forum (SEZF), smaller than the NEZF but doing interesting things? We are mentioning the viability issue now so that if any member of our region wants to see how either the NEZF or the SEZF work, or wants to come to the AZF, there is still ample time to do so.

New Business:

David H. was acclimated to the Regional Delegate Alternate position.

Cindy K. was nominated for the RDA-2 position, she stated her qualifications and they are as follows: Rochester (NY) Area 1998-2001: Rosedale Group: Member, key tag person, GSR; Area: Assistant Treasurer, PI member; Secretary, Steering Committee, Ad Hoc Chair Outreach Committee; Westside Area (MD) 2001-2007ish: Shot of Hope Homegroup: Coffeemaker/setup, Treasurer, GSR; Area: RCM, RCM alternate, Secretary, H&I panel member and coordinator, Sponsorship Behind the Walls Ad Hoc.; Bay Area (MD) 2007ish-2015ish: Constantly Changing: member, GSR, setup/coffee; Shelter from the Storm: member, speaker finder, GSR alternate, greeter; East of the Bay Area (MD) 2015-2020: Clean and Serene Dreamers HG: secretary, GSR, speaker finder; Virtual NA Meeting Platforms (2020-present) NA NA 24-7 Marathon Meeting Group: April 2020-current: meeting host and co-host; Policy Chair 2022-present. REGIONAL EXPERIENCE Free State Region, MD 2005-2019 Regional Assistant Secretary/Secretary, Regional Assistant Treasurer, Regional Vice Chair (2), Chair (2) Convention Board Liaison, GSR Workshop Facilitator; Various Ad Hoc Committees, Regional PR and Regional Policy committees. Regional Convention Board of Directors, 2006-2010: Secretary, Vice Chair, Chair. Subcommittee liaison for Merchandise, Hotels/Hospitality sub committees. Regional Convention Board of Directors, 2014-2018: Secretary, Vice Chair (2x) chair (2x); Subcommittee liaison: Convention Information, Merchandise, Hotels and Hospitality and Programming. Negotiations of hotel contracts. OTHER SERVICE COMMITMENTS: Circle of Sisters XXV: 2020-2023. "Executive body" Secretary, Liaison for Registration and Programming. Above all, a love and gratitude for Narcotics Anonymous, with a desire to serve NA fellowship that has saved lives and fanning flames for decades, becoming more involved at Regional and World level.

Mark M. was nominated for Policy Chair, he stated his qualifications, and they are as follows: He has been in the program for 34 years and has a sponsor, and a homegroup, and he is working the steps, traditions, and currently working the concepts. Mark has served in various positions, including Chair of the Tidewater Area. The position will be open until December (2 RSC cycles), at which time the committee may choose to elect Mark as Policy Chair.

There is one motion that needs to be brought back to Area's to be voted on at the next RSC:
Motion:222-1 Maker: Carnadelegateteam Second: Greg H.

Description/Background: At the 2023 World Service Conference it was voted to approve a three-year conference cycle for two conference cycles for a total of six years. This motion would reflect this change allowing all members of the delegate team to experience a complete conference cycle and all it entails.

Intent: To update guidelines to reflect the conference approve change to the WSC conference cycle for the Regional Delegate (RD), Regional Delegate Alternate (RDA), and the Regional Delegate Alternate 2 (RDA2).

Motion: To change -6B Regional Delegate Qualifications #4 from 4. 2year term to:
One conference cycle term

-7B Regional Delegate-Alternate Qualifications #4 from 4. 2 year term, 4 year commitment to: 4. One conference cycle term, two cycle commitment.

-8B Regional Delegate-Alternate2 Qualifications #4 from 4. 2 year term, 6 year commitment to: One conference cycle term, Three conference cycles commitment.

The next RSC will be a 2 day with the first day on Oct. 21st at 10am via zoom, the second day (where the business portion will take place is on Oct. 22nd at 10am via zoom. The link for these meetings (as well as other events) can be found here: <https://car-na.org/calendar/>

With Love of the Fellowship,

Greg H.

Alt RCM- No report.

VRCC- No report.

Alt. VRCC- No report.

Policy- No report.

H&I- Hello Family, the H&I sub committee met Saturday, September 10 at Thrasher Memorial. Skeet C. chaired as I was unable to be in attendance. All of the panel leads expressed that their commitments were all fulfilled, starting and ending in time and having great engagement from participants in audience.

The committee is currently discussing the following:

-Working with Veterans affairs to secure a commitment.

-Working with Catawba to secure a commitment.

-Possibly working with The Pavillion to secure a commitment.

-Roanoke Memorial has had limited to no participation and I am contacting them this week to figure out how we can further serve them if at all.

- Also we are seeking trusted servants to help with our Roanoke city jail commitment. Minimum 1 year clean time. And on a positive note we have had two nominations within the sub committee. Skeet C. Will be serving as Vice Chair going forward and Kat F. Is the new panel lead for CSU. Thank you family for the opportunity to serve.

-Kevin R.

Public Relations – No report. Wants to look further into QR code for meeting lists.

Activities –

Beginning balance: \$268.60

Storage fee: \$57.00

Shelter rental fee: \$50.00

Food: \$179.93

Activity: Labor Day cookout at Wasena Park had a great turnout

55-65 people attended

\$91.00 7th Tradition brought in

Remaining account balance: \$75.40 and \$8.50 in cash, so \$83.90

Home Group Reports

1,2,3 24/7 – The homegroup is doing well carrying the message to the still suffering addict. The doors are being opened on time with attendance being 30 -40 addicts in attendance. Donation to area \$10.

In loving service Kenny C

Against All Odds –

- AAO continues to meet everyday of the week and carrying a strong message of recovery.
- AAO continues starting and ending on time with regular attendance of 20-70 in our central location of Roanoke Ave baptist church and has noon meetings at wasena park on Monday and Tuesdays
- This upcoming month :
- We have 4 home group members celebrating...
- Sharon S. - 2 years 09.10
- Alvin H. - 37 years 09.15
- James H. - 2 years 09.29
- Taylor N. - 1 year 10.06
- AAO is donating \$17 to area this month

A.I.R.-

A.I.R. Is continuing to start and end on time.

We average between 20-30 addicts each meeting.

A.I.R. Now meets at The Salvation Army 724 Dale Ave Roanoke VA at 1:30PM.
The new location and time has been updated on the website.”

A.I.R. is donating \$11 to Area this month.

In loving service Rosa P

Another Step To Freedom- No report.

Breath Of Life- No report.

Clean and Serene –

Hi Family

Clean and Serene is opening and closing on time with a clear message of recovery being carried. We have about 20-40 addicts in attendance each week. This month, on September 23rd Debra M will be celebrating 31 years and she will host her annual "eating meeting." Please join us. We donated \$64 to Area today.

ILS,
Debra M

Do Or Die- .

Do or Die is opening and closing on time caring a message of recovery. We are in need of home group members. Average attendance in 25, with treatment attending often. Donation to Area \$70.

Russell B.

Grateful Heads –

Hope in HER story- No report.

Just for Today – No report.

Sicker Than Most-

Our homegroup is opening and closing on time. Sicker Than Most has changed location, day and time, our new meeting place is 2015 Grandin Rd. Unitarian Universalist. Our attendance is 25-65 weekly. Sicker Than Most is donating \$20 to Area this month.

In loving service
Delores H

Step into Recovery-

Our homegroup is opening and closing on time and a strong message of recovery is being carried. Our attendance continues to increase, with our current average being 40 to 50 addicts each week. We have two celebrations coming up this month: September 13th, Sarah M celebrates 3 years and October 4th, Courtney D celebrates 4 years. We had a donation of \$29.40 this month. In Loving Service,

Brittney D

Start From the Beginning –

Hi Message is being carried at the home group and we had three new home group members join in August. Sarah D celebrated 5 years last week, Billy M is celebrating 2 years on 21st and Kelley S with 19 years on 28th.

Start from the Beginning oriented in September of 2020.

We have tabled plans of a celebration meeting in October.

Thank you for your service! \$35 donation to area this month

-Kelley S

Spiritual Principle a Day-

The Spiritual Principal A Day group is continuing to carry a clear NARCOTICS ANONYMOUS message. SPAD is consistent in following the 12 traditions of NA. We are still meeting at St. Elizabeth's Church on Mondays at 8pm (2339 Grandin Rd., SW). Casey B is celebrating 2 years Sept 18, Katie S celebrating on October 16 and Tommy celebrating 3 years at a date to be announced. Our meeting attendance is between 20 & 40 addicts consistently. We are donating \$0 to area this month.

In loving service,

Katie S

Time For Change- No report.

WeCovery- No report.

Weekends in Recovery-

Open Forum

- Member motioned having a fundraiser for the area at her homegroup with line dancing
- Chair suggested coordinating with Activities
- Member brought up duties of the Secretary and PR positions and whose responsibility it was for getting the minutes to homegroups
- Policy read the responsibilities of both positions (Secretary and Public Relations)

Old Business

- Danny C was nominated for VRCC director. Description was read by chair. Nominee qualified himself to the body. Voting will go back to the homegroups.
- Sabrina volunteered herself for Alt. VRCC. Description of the position was read to the body by the chair. Nominee qualified herself. Voting will go back to the homegroups.
- Chair read qualifications for Vice Secretary to the body.

New Business

- Danny C. will move into VRCC director, vote passes
- Sabrina E. will also move into Alt. VRCC position, vote passes
- Nominations were made for Vice Secretary and Vice Chair, all nominees respectfully declined

Treasurer's Report:

- See hyperlink on <http://www.roanokena.com/2023-minutes-and-treasurers-reports>

Area Minutes Submitted by Secretary: Kara Coffey