

## **Roanoke Valley ASC**

2<sup>nd</sup> Sunday of each month at Williamson Rd. Church of the Brethren

October 14, 2018

2:30pm

### **Opening**

- Serenity Prayer
- 12 Traditions of NA
- 12 Concepts of NA
- Roll Call of GSRs
- September minutes accepted
  - 9 Voting GSRs

### **Administrative Reports**

- Chair (Amy P.): Thank you for all of your help in area. The officers and subcommittee chairs met to discuss ideas to increase attendance & services in area. We have asked officers & committee chairs to announce the need for services within the area. We will also make announcements during speaker jam as well as placing it on the website & Facebook.
- Secretary: Minutes were emailed within 2 weeks. Also, mailed copies were sent. Printed extra copies of minutes to bring to area today. Working on being more organized. Thanks, Shannon B.
- Vice Secretary: I am learning hands-on by bringing laptop to area & becoming familiar with the minute's basic format. In loving service, Makenzie K.
- VRCC Director: Steve & I drove to the meeting location on September 16<sup>th</sup>. We were not called to tell us the meeting was canceled. Gas came to \$20.60. Steve S. drove us in his car. In loving service, Howard E.

### **Subcommittee Reports**

- Activities (Denise Y.): Activities met on October 13<sup>th</sup> to discuss upcoming plans for the fall speaker jam to be held on the 27<sup>th</sup> beginning at noon to 8pm, closing with 8pm regular meeting at St. Mark's. The Thanksgiving day meeting will be a 12 hour meeting beginning at 9am & ending at 9pm. Unless another homegroup comes forward, it will be held at St. Mark's. We would like to invite home groups to be part of Hugs for the Holidays December 23<sup>rd</sup>-January 1<sup>st</sup>. We ask the groups to open ½ am hour to an hour early or after with refreshments and a place for fellowship during the holidays. Monday,

December 31<sup>st</sup>, we will host a New Year's event. More will be revealed. We meet monthly, the 2<sup>nd</sup> Saturday before area at St. Mark's. In loving service, Denise.

- H&I (Brittany D.): The H&I Subcommittee met on the 14<sup>th</sup> of October for discussion. We have repaired our relationship with Blue Ridge Behavioral Health & have had a lot of success restarting the Monday night meeting there. The meeting that we currently have are: BRBH Detox on Monday at 8pm & Thursday at 8pm and VA Rehab on Thursday at 8pm. The subcommittee continues to struggle for officers as well as panel members & ask that GSRs continue to announce that we need support carrying the message to these addicts, who otherwise have no access to our life saving message. In the upcoming weeks, we will be working to establish at minimum, a monthly meeting at the Catawba Hospital. There is no Regional H&I Meeting this month. H&I will be meeting twice this next month on October the 28<sup>th</sup> & November 11<sup>th</sup>, both at noon at the Tanglewood Mill Mountain Coffee. In loving service, Brittany D.

### **GSR Reports**

- Clean & Serene: Clean & Serene was not present but group made donation \$15.25 to area.
- Do or Die: Doors are opening & closing on time with about 50-60 addicts attending each meeting. We have one celebration this month. Steven H. is celebrating 2 years on October 26<sup>th</sup> & next month, Kaitlyn C. is celebrating 3 years. We are still trying to establish a present reserve and have no donation at this time. In loving service, Kaitlyn C
- Grateful Heads: Dear Family, Grateful Heads is doing well. It's opening on time. The message is being carried. The meetings that have been outside for this past season, are returning inside now for the fall & winter. Homegroup member, Shannon, is celebrating 8 years on November 24<sup>th</sup>. Donation to area- \$25. In loving service, Beth L.
- Higher Power Hour: Our doors are opening & closing on time. Attendance is very high & the message is actively being carried. Makenzie K. is celebrating 18 months today, October 14<sup>th</sup>. Donation to area is \$21.00. In loving service, Lacy B.
- The Pain Stops Here: Our group is doing well, averaging anywhere from 25 to 30 addicts weekly. We have 2 home group members celebrating. Van W is celebrating 27 years on November 7<sup>th</sup> and Marcus will be celebrating multiple years of recovery on October 29th. In loving service, Arlene P.
- Time for a Change: Group is doing well. We are opening the doors early & a clear message is being given. Have 25-35 people each week & closing on time. In loving service, Vanessa H. & Howard E.
- Weekends in Recovery: We are opening & closing on time. Message of recovery is being carried to the newcomer. We will not be making a donation at this time. David F. will be celebrating 3 years tonight. Also, the ceiling in the community room collapsed on the 1<sup>st</sup> floor so until further notice, we will be having the meeting on the 2<sup>nd</sup> floor. Loving service, Alisia G.

- 1, 2, 3... 24/7: Group is doing well. Attendance varies wildly and runs between 30 & 90 members each week. Upcoming anniversaries include: Bart 3 years in October, Denise Y. 27 years in November, and Margaret 1 year in November. Donation to area: \$2.00. In loving service, Joey C.

Position	Name	Attendance
Chair	Amy P.	Present
Vice Chair	Dawn M.	Present
Treasure	Shaheed O.	Present
Vice Treasure	Vacant	Vacant
Secretary	Shannon B.	Present
Vice Secretary	MaKenzie K.	Present
RCM	Mike G.	Present
Alt. RCM	Vacant	Vacant
Policy	Vacant	Vacant
VRCC Director	Howard E.	Present
Alt. VRCC Director	Vacant	Vacant
Literature	Skip N.	Present
Activities	Denise Y.	Present
H&I Chair	Brittney D	Present
PR Chair	Vacant	Vacant

***\*GSRs that reported present***

<b>Home group</b>
We Covery
A Message of Hope in the Mornings
Weekends in Recovery *
Principles Before Personalities *
A.I. R
Another Step to Freedom
Time for Change
Buchanan Group
Just 4 Today *
Foundations in Recovery

Sicker than Most *
Gainsboro Group
Another Step to Freedom
Higher Power Hour *
Clean and Serene
Do or Die *
1.2.3, 24/7 *
Breath of Life
Pain Stops Here *
Grateful Heads *
Night Owls

### **Open Forum**

- Addict inquired about traveling expenses for certain positions if area needs to cover certain costs
- An addict confirmed that policy does accommodate those positions for expenses necessary for travel
- Addict thinks that we should delete meeting at Trinity for Subcommittees off of meeting list because we aren't meeting there & it is a monthly expense that isn't being used
  - Addict inquired about subcommittee meetings that are being held and where
  - Activities and H & I are meeting at least monthly at designated meeting places

### **Old Business**

- Nominations for Policy chair- David but he's not here
  - Steve S. voted in as Alternate VRCC
- Discussed Prudent Reserve; tabled discussion until treasure has more information

### **New Business**

- Error in the meeting list; will be changed on paper copies next quarter, online version will be updated as soon as possible

- New motions tabled; At least first 15 minutes of Area to educate about motions & other things about area to help out new GSRs

## **Adjournment**

Treasurer and Literature report given

\*Meeting closes with Serenity Prayer around 4:30 p.m.

**Area positions that need to be filled are Vice Treasurer, Alternate RCM, Policy Chair, and PR Chair.**

Please come and be of Service. Service work helps us stay clean!

**Next Area Service will be held Sunday November 12th 2:30 p.m.**